

# UMAC



## UPPER MIDWEST ATHLETIC CONFERENCE



### UMAC Player of the Week Awards | April 10 - 16

## PLAYER OF THE WEEK AWARDS

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YR</u>	<u>POS</u>
Baseball - Player	Steve Kraushaar	College of St. Scholastica	SO	OF
Baseball - Pitcher	Gabe Goedeke	Northwestern College	SR	P
Softball - Player	Christina Madson	Bethany Lutheran College	JR	OF
Softball - Pitcher	Laura Heise	College of St. Scholastica	SR	P
Men's Tennis	Tyler Anderson	Northwestern College	JR	S/D
Women's Tennis	Lisa den Hartog	Northwestern College	SR	S/D
Men's Track & Field	Josh Hudspith	College of St. Scholastica	FR	Throws
Women's Track & Field	Amy Wicker	College of St. Scholastica	JR	Mid-Distance

#### Baseball - Player

College of St. Scholastica (Minn.) sophomore outfielder Steve Kraushaar (Cottage Grove, Minn.) was recognized as the Upper Midwest Athletic Conference (UMAC) baseball player of the week. Helping the Saints to a 4-2 week record and 23-3 overall mark, Kraushaar went 14-for-28 (.500) at the plate with 6 doubles and 2 triples. In the 6 games during the week, Steve posted an impressive .857 slugging percentage with 9 runs scored and 4 runs batted in. He currently boasts an 8-game hitting streak with 6 of those 8 games representing multi-hit performances.

#### Baseball - Pitcher

Northwestern College (Minn.) senior pitcher Gabe Goedeke (Andover, Minn.) was selected as the Upper Midwest Athletic Conference (UMAC) pitcher of the week in baseball. Goedeke faced #12 University of St. Thomas (Minn.) to start his week and threw 7 solid innings, allowing 0 earned runs and 0 walks, while giving up 9 hits in the 3-1 loss. He finished the week picking up a win in a complete-game shutout performance, allowing just 3 hits while striking out 9 batters in a 2-0 victory over Bethany Lutheran College (Minn.). Gabe owns a 3-1 overall record on the mound in 2006 with an impressive 0.96 earned run average.

#### Softball - Player

Christina Madson (Orono, Minn./West Lutheran High School), a junior outfielder from Bethany Lutheran College (Minn.), was named the Upper Midwest Athletic Conference (UMAC) softball player of the week. Leading the Vikings to a 3-1 record during the week, Madson hit safely in 11-of-17 plate appearances to record a phenomenal .647 batting average. In addition, she tallied 10 runs scored, 10 runs batted in, 3 doubles, 1 triple, and a .941 slugging percentage during the week. On the year, Christina is hitting .452 with 11 runs batted in and a .613 slugging percentage.

#### Softball - Pitcher

College of St. Scholastica (Minn.) standout Laura Heise (Richfield, Minn.) collected softball pitcher of the week honors in the Upper Midwest Athletic Conference (UMAC). Heise went 2-0 on the mound during the week for the Saints, throwing 16.0 innings with just 1 unearned run allowed on 4 hits. In the 2 games, Laura struckout 22 opposing batters. In a 4-0 victory over Hamline University (Minn.), Heise recorded the 11th no-hitter of her career and now owns 971 career strikeouts. She is 13-3 on the year with 8 shutouts, 163 strikeouts, and an impressive 0.47 earned run average.

#### Men's Tennis

Northwestern College (Minn.) junior Tyler Anderson (Stacy, Minn./Forest Lake High School) received the Upper Midwest Athletic Conference (UMAC) men's tennis athlete of the week award. Anderson went 2-1 in singles action last week for the Eagles at the #4 position. His two victories were both over conference opponents and were wrapped up in straight sets.

#### Women's Tennis

Lisa den Hartog (Fond du Lac, Wis.), a senior from Northwestern College (Minn.), was chosen as the Upper Midwest Athletic Conference (UMAC) women's tennis athlete of the week. Hartog posted an undefeated 3-0 record during the week in singles action and also remained perfect in doubles play with 2 victories. Each of Lisa's 3 victories in singles action occurred in straight sets.

#### Men's Track & Field

College of St. Scholastica (Minn.) freshman Josh Hudspith (Cloquet, Minn.) was selected as the Upper Midwest Athletic Conference (UMAC) men's track and field athlete of the week. Competing at the University of Wisconsin-Eau Claire Invitational, Hudspith took 3rd place in the javelin throw and set a new St. Scholastica school record with a distance of 148'6.00".

#### Women's Track & Field

Amy Wicker (Duluth, Minn.), a junior representing the College of St. Scholastica (Minn.), received the Upper Midwest Athletic Conference (UMAC) women's track and field athlete of the week award. Wicker took 4th place in the 1500 meter run with a time of 5:06.59 and captured 11th place in the 800 meter event with a time of 2:29.81 at the University of Wisconsin-Eau Claire Invitational. She was also part of the Saints' relay team that sprinted to a 7th place finish and time of 4:26.80 in the 4x400 meter relay.