



UPPER MIDWEST ATHLETIC CONFERENCE



Player of the Week Awards | October 30- November 5 | Page 1

PLAYER OF THE WEEK AWARDS

SPORT	ATHLETE	SCHOOL	YR	POS
Football North Division Offensive	Kyle Thomforde	Northwestern College	SR	WR
Football North Division Defensive	Max Meagher	Northwestern College	SR	LB
Football North Division Special Teams	Josh Peterson	Northwestern College	SR	P
Men's Soccer Offensive	Nick Lister	St. Scholastica	SR	M
Men's Soccer Defensive	Adam Whitehead	St. Scholastica	JR	GK
Women's Soccer Offensive	Stephanie Lally	Crown College	FR	MF
Women's Soccer Defensive	Shauna Schiebout	Crown College	FR	MF
Volleyball Hitter	Rachel Meyer	Martin Luther College	SR	OH
Volleyball Setter	Emily Buck	Martin Luther College	SR	S
Volleyball Defensive Specialist	Diana Moody	St. Scholastica	JR	DS
Women's Cross Country	Allison Betsch	Minnesota-Morris	SO	

Football North Division Offensive

Northwestern College senior wide receiver Kyle Thomforde is this weeks UMAC north division offensive player of the week. Thomforde (Northfield, MN) caught three passes for 62 yards and a touchdown in the Eagles game against the University of Chicago last Saturday. The TD catch was a 50 yard pass on the opening possession of the game

Football North Division Defensive

Max Meagher (Sr. Paynesville, MN) of Northwestern College has been named the UMAC north division defensive player of the week. Meagher had 12 total tackles in the game against the University of Chicago, eight solo of those solo tackles. He also had an interception and return of 22 yards in the game to go along with credit for one half of a sack and one half of a tackle for loss

Football North Division Special Teams

Rounding out the Northwestern sweep this week is Eagle senior punter Josh Peterson. Peterson (Fairmont, MN) had seven punts for 262 yards (37.4), with a long of 57 and three punts inside the 20-yard line against the University of Chicago.

Men's Soccer Offensive

Nick Lister (Sr. Grand Rapids, MN) is this weeks UMAC men's soccer offensive player of the game. Lister scored the game winning goal in the 1-0 double-overtime win over Northwestern College in the UMAC men's tournament championship game

Men's Soccer Defensive

With two shut outs in the two games played in the UMAC post-season tournament, St. Scholastica goal keeper Adam Whitehead has earned the UMAC men's soccer defensive player of the week. Whitehead (Jr. Pickering, ONT) led the Saints to the UMAC men's post-seson tournament championship over the weekend



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Player of the Week Awards | October 30- November 5 | Page 2

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Women's Soccer Offensive

Stephanie Lally of Crown College has been selected as the UMAC women's soccer offensive player of the week. Lally (Fr. Princeton, NJ) scored eight goals in three games last week for the Storm as they won the NCCAA women's national championship. Two of the goals came in the 2-1 win over Baptist Bible College in the championship game.

Women's Soccer Defensive

Freshman defender Shauna Schiebout of Crown College is the UMAC women's soccer defensive player of the week. Schiebout (Andover, MN), an integral part of the Storm NCCAA national championship, she was voted to the all-tournament team at the NCCAA national tournament

Volleyball Hitter

Martin Luther College senior outside hitter Rachel Meyer is the UMAC volleyball hitter of the week. Meyer (Milwaukee, WI) had 57 kilss, including 37 against St. Scholastica and five blocks in the Knights two matches at the UMAC volleyball post-season tournament last weekend

Volleyball Setter

Emily Buck (New Ulm, MN) of Martin Luther College is the UMAC volleyball setter of the week. Buck a senior, had 133 set assiss in nine games in two matches, averaging 14.7 per game at the UMAC post-season tournament

Volleyball Defensive Specialist

St. Scholastica junior Libero Diana Moody has been recognized as the UMAC volleyball defensive specialist of the week. Moody (Side Lake, MN) helped lead the Saints to the 2006 UMAC post-season tournament championship with 36 digs in two matches and only four reception errors in the two matches

Women's Cross Country

Allison Betsch of the Univeristy of Mineosta-Morris is the women's cross country athlete of the week. Betsch (So. New Ulm, MN) placed 12th at the St. john's University Fall Finale last weekend with a time of 20:50, which is a PR by 30 seconds. The time also moved her into 5th place on the Cougar All-time 5k list.