



UPPER MIDWEST ATHLETIC CONFERENCE



Player of the Week Awards | September 11- September 17 | Page 1

PLAYER OF THE WEEK AWARDS

| SPORT | ATHLETE | SCHOOL | YR | POS |
|---------------------------------------|--------------------|-----------------------|----|-----|
| Football North Division Offensive | Jake Schwartz | Martin Luther | JR | WR |
| Football North Division Defensive | Tom Tadych | Northwestern College | SR | DB |
| Football North Division Special Teams | Joel Free | Martin Luther College | SR | RTN |
| Football South Division Offensive | Mark Garber | Westminster | SR | RB |
| Football South Division Defensive | Bryan sandry | Maranatha | SR | LB |
| Football South Division Special Teams | George Anderson | Rockford College | SR | P |
| Men's Soccer Offensive | Preston Buechler | Presentation College | JR | F |
| Men's Soccer Defensive | Adam Whitehead | St. Scholastica | JR | GK |
| Women's Soccer Offensive | Emmy Breuer | Bethany Lutheran | FR | F |
| Women's Soccer Defensive | Cortney McKenzie | St. Scholastica | FR | D |
| Volleyball Hitter | Shawna Varichak | St. Scholastica | SO | OH |
| Volleyball Setter | Kati Berscheit | St. Scholastica | SO | S |
| Volleyball Defensive Specialist | Kaitlyn Schumacher | Martin Luther | JR | DS |
| Women's Cross Country | Anna Bourman | Martin Luther | SR | |
| Men's Cross Country | Tom Moldenhauer | Martin Luther | SR | |
| Men's Golf | Dustin Stoltz | Northwestern College | JR | |

Football North Division Offensive

Martin Luther junior wide receiver Jake Schwartz (Waterloo, WI) is this weeks UMAC Football North Division offensive player of the week. In the Knights 34-7 win over Blackburn College, Schwartz had three receptions for 136 yards, including a 70 yard TD pass in just two quarters of action.

Football North Division Defensive

Tom Tadych (Sr. Milaca, MN) of Northwestern College is the North Division defensive player of the week in the UMAC. In the Eagles 21-14 overtime win at Rockford Saturday, Tadych had 10 total tackles, nine solo, a forced fumble and an interception to help NWC to the win.

Football North Division Special Teams

Martin Luther's Joel Free (Sr. Rapid City, SD) is this weeks UMAC special teams player of the week in the North Division. Free recorded two blocked punts that both resulted in a Knight touchdown, one was on the blocked punt recovery, while the other block led to another score. He also had one sack and a forced fumble.

Football South Division Offensive

Westminster's Mark Garber (Sr. Versailles, MO) has earned the UMAC football South Division offensive player of the week. Garber had 14 carries for 136 yards and one touchdown in the Bluejay's 51-0 win over Trinity Bible.

Football South Division Defensive

This weeks South Division defensive player of the week honor goes to Bryan Sandry (Colorado Springs, CO) of Maranatha Baptist. The senior linebacker had 18 tackles in the Crusaders 25-0 win over Crown College. He had eight solo tackles, 10 assisted tackles, 4.5 tackles for loss and one interception returned 33 yards for a touchdown.

Football South Division Special Teams

The UMAC South Division special teams player of the week honor goes to George Anderson of Rockford College. Anderson (Sr. Oak Lawn, IL) had seven punts in the game against Northwestern College for 284 yards. He averaged 40.6 yards per kick and set a school record with a 68 yard punt. He was also 2-2 in extra point kicks.



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Men's Soccer Defensive

Adam Whitehead (Sr. Pickering, Ont) St. Scholastica goalkeeper is this week's UMAC men's soccer defensive player of the week. Whitehead recorded back to back shut outs in the opening weekend of conference play for the Saints. In the win over Minnesota-Morris he had two saves and against Presentation recorded four.

Men's Soccer Offensive

Preston Buechler (Aberdeen, SD) of Presentation College is this week's UMAC men's soccer player of the week. The junior forward had two goals and one assist in the Saints 5-1 UMAC opening win over Northland College. He now has three goals on the season.

Women's Soccer Offensive

Emmy Breuer (Fr. La Cresent, MN) has earned UMAC women's soccer offensive player of the week honors. The Bethany Lutheran College forward scored her first two college goals in the Vikings 2-1 win over Crown College. Both goals were on break away shots.

Women's Soccer Defensive

St. Scholastica defender Cortney McKenzie is this week's UMAC women's soccer defensive player of the week. McKenzie (Fr. Maple Grove, MN) was key in the Saints two wins to open UMAC conference play as CSS allowed no goals and only five total shots on goal in the two games.

Volleyball Hitter

The UMAC volleyball hitter of the week is Shawna Varichak (Hibbing, MN) of St. Scholastica. The sophomore outside hitter had a total of 78 kills in the Saints four wins over the weekend. Varichak averaged 19 kills per match and had a .293 hitting percent.

Volleyball Setter

St. Scholastica setter Kati Berscheit (So. Melrose, MN) has been named the UMAC setter of the week. Berscheit helped lead the Saints to four win at the Border Battle Tournament over the weekend. In the four matches, she had 210 set assists including 58 in each of the last two matches.

Volleyball Defensive Specialist

Kaitlyn Schumacher of Martin Luther College is this weeks UMAC volleyball defensive player of the week. Schumacher (Milwaukee, WI), a junior defensive specialist had 93 digs in four matches for the Knights as MLC went 4-0 at the Ripon Invitational, averaging 23 digs per match.

Women's Cross Country

Anna Bourman (Sr. Rochester, MN) of Martin Luther College has been selected as the UMAC women's cross country runner of the week for the second straight week. Bourman took sixth at the St. Olaf Invitational this past weekend with a time of 24:01.

Men's Cross Country

Martin Luther College senior Tom Moldenhauer (West Allis, WI) has earned the UMAC men's cross country athlete of the week. Moldenhauer ran a 28:03 and finished 42nd at the St. Olaf Invitational over the weekend.

Men's Golf

Dustin Stoltz (Fr. St. Paul, MN) of Northwestern College is this week's men's golf player of the week. Stoltz shot a round of 71 (-1) to win medalist honors in Triangular Match with Bethany Lutheran College and Martin Luther College at the North Links Golf Course (Par 72, 6110 yards)