

Nature of Identity Activity

Reflect and record on how you might present yourself based on your various social identities. List 5 aspects of your *social identities*. *Social identity* is your identification within the context of socially constructed groups (i.e., African-American, woman, Asian male, Jewish, etc.)

1)

2)

3)

4)

5)

Reflect for a moment on what it was like to "choose" aspects of your identity. Was it difficult? Why? Why not? What about the remaining parts of the activity, were they difficult? Easy? What specifically, if anything, was difficult about it? How might this relate to the nature of identity and community?