

The College of St. Scholastica
Entry Level MS in Athletic Training
Technical Standards

The Athletic Training Program (ATP) at The College of St. Scholastica is a rigorous, time intensive, and demanding program of study combining didactic, laboratory, and clinical instruction. The purpose of these standards is to articulate program demands to prospective and current students. Upon being informed of admission, students must confer with program faculty and The Center for Equal Access staff to determine if they can complete the program with or without accommodations.

Applicants to this program are asked to verify that they understand the demands of the program and that they understand they will be required to complete the tasks, with or without reasonable accommodations, associated with performance as an athletic training student. Reasonable accommodation refers to the way in which CSS can assist students to accomplish these tasks (i.e. providing extra time to complete an examination, enhancing the sound system in a classroom or providing a push cart for a student who may not have the strength to carry a heavy item for moderate distances).

Reasonable accommodation does not mean that students will be exempt from certain tasks; it does, however, mean that the athletic training faculty/staff will work with students to determine whether there are ways to assist the students towards completion of these tasks while continuing to maintain the integrity of the Athletic Training Program and protecting the safety of all involved. After acceptance into the program, a student who requires reasonable accommodation must make a formal request to The Center for Equal Access. A student may be administratively withdrawn if it becomes apparent that the student cannot complete essential tasks even with accommodation, that the accommodations requested are not reasonable and would cause undue hardship to the institution, or that fulfilling the functions would create a significant risk of harm to the health or safety of others. Students who have questions about this document or who would like to discuss specific accommodations should make an inquiry to The Center for Equal Access.

The following are considered Essential Tasks required for AT students to complete the Athletic Training Program:

- Students must
 - meet class, laboratory, and clinical standards for course completion throughout the curriculum.
 - be able to read, write, speak, and understand English at a level consistent with successful course completion, having the ability to communicate with patients and successfully convey medical information in written and verbal form
 - complete readings, assignments and other activities outside of class hours.
 - gather decision-making pieces of information during an injury assessment activity in class or in the clinical setting without the use of an intermediary such as a classmate or certified athletic trainer.
 - perform treatment and rehabilitation activities in class or in the clinical setting by direct performance or by instruction and supervision of intermediaries.

- apply critical thinking processes to their work in the classroom and in the clinical setting, and must exercise sound judgment in the class and in the clinical setting and must follow safety procedures established for each class and clinical setting.
- maintain a level of fitness, personal appearance and hygiene conducive to the classroom and clinical setting.
- complete and maintain a cardiopulmonary resuscitation (CPR) certification at the health professional level.
- annually complete OSHA-regulated Blood borne Pathogen Exposure Training and complete the Hepatitis B Vaccine series or have a written denial on file.

Skills typically required in order to complete the Essential Tasks are as follows:

- Students frequently
 - lift less than 10 pounds and occasionally lift between 10-20 pounds overhead.
 - exert 25 pounds of push/pull forces to objects, sometimes while ambulating 50 feet or more.
 - twist, bend, stoop and kneel on the floor up to 15 minutes.
 - move from place to place and position to position and must do so at a speed that permits safe handling of classmates and injured athletes.
 - stand and walk while providing support to an injured athlete.
 - coordinate verbal and manual activities with gross motor activities.
 - need bladder, bowel, and emotional control for 1-2 hours.

- Students must
 - have 20/40 corrected vision to correctly see activities across the field, court or mat.
 - have basic neurological function to perceive hot, cold, change in contour of surface/body part and to maintain 10 pounds of grip strength for 30 seconds. 1
 - possess the ability to make and execute quick, appropriate and accurate decisions in a stressful environment.
 - be able to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
 - have sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and material during the assessment and treatment of patients.
 - be able to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients, communicate judgments and treatment information effectively.
 - be able to record the physical examination results and a treatment plan clearly and accurately.
 - have the capacity to maintain composure and continue to function well during periods of high stress.

- have the perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
 - be flexible and have the ability to adjust to changing situations and uncertainty in clinical situations.
 - demonstrate affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.
- Students typically sit for 2-10 hours daily in the classroom, stand for 1-3 hours daily at clinical assignments and must be able to ambulate 10 yards at 2 miles per hour indoor or outdoor over rough terrain.
- Students occasionally carry up to 25-30 pounds while walking 10-20 feet.
- Students use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes.
- Students often work within an electrical field.

It is the policy of CSS that all opportunities are to be made available to qualified individuals on the basis of merit and without discrimination against any employee, applicant for employment, student, or applicant for admission because of race, color, religion, gender, disability, age, national origin, or sexual orientation. Candidates for selection to the Athletic Training Program will be required to verify they have read and understand these technical standards and that they believe that they can meet (with or without accommodation) the technical standards tasks as outlined above. Compliance with the program's technical standards simply allows continued enrollment in the AT Program and does not guarantee a student's eligibility for the BOC's certification exam and/or employment. All technical and academic standards must be met throughout enrollment in the Athletic Training curriculum. It is the student's responsibility to notify the Dept. Chair if, during enrollment, circumstances occur and he/she can no longer meet the technical standards (e.g. using crutches, arm in a sling, etc.) or needs reasonable accommodation, at which time he/she will be referred to The Center for Equal Access. Failure to continue to meet the Technical Standards, with or without accommodation will prevent the student from continuing in the Athletic Training Program.

NOTE: This document was adapted from the Technical Standards at James Madison University.

**CSS MS in AT Program
Technical Standards
Signature Page**

Summer 1

A. I certify that I have read and understand the technical standards for the program, and that I am able to meet these technical standards.

Signature of Applicant (Student)	Date
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B. I certify that I have read and understand the technical standards for the program, and believe that with certain reasonable accommodations I can meet these technical standards.

Signature of Applicant	Date
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I certify that I have assessed the student’s status and will work with the student and department as needed.

Signature of Center for Equal Access Coordinator	Date
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Fall 1

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Spring 1

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Date

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Signature of Center for Equal Access Coordinator

Date

Summer 2

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Signature of Applicant

Date

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Signature of Center for Equal Access Coordinator

Date

Fall 2

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