

For students planning to transfer to The College of St. Scholastica and major in Exercise Physiology the following departmental equivalencies are provided. The table below lists The College of St. Scholastica's B.S. Exercise Physiology requirements along with equivalent courses that can be completed at Central Lakes College.

Central Lakes College Equivalent or Substitution	B.S. Exercise Physiology Requirement
Minnesota Transfer Curriculum (MnTC)	The MnTC fulfills the CSS general education requirements except for the religious studies and upper division integrations requirements.*
Any of the following courses will fulfill the Religious Studies requirement or it can be completed at CSS. PHIL 1411 World Religions or AMST 2420 Women & Religion	Religious Studies
Complete at CSS	Upper Division Integrations Course
Exercise Physiology Major	
BIOL 1431 General Biology I	BIOL 1036 Biology of the Cell
BIOL 2467 Anatomy and Physiology I	BIO 2110 Anatomy and Physiology I
BIOL 2468 Anatomy and Physiology II	BIO 2120 Anatomy and Physiology II
MATH 1470 College Algebra	MTH 1111 College Algebra (or higher level math course)
PSYC 2431 Human Development	PSY 2208 Lifespan Developmental Psychology
PHYS 1401 College Physics I Students pursuing DPT track will also need to complete PHYS 1402 College Physics II (both courses required)	PSC 2001 Physics I (Students pursuing DPT track will also need to complete PSC 2002 Physics II)
CHEM 1407 Life Science Chemistry (Students pursuing DPT track will need to complete CHEM 1424 Chemical Principles I AND CHEM 1425 Chemical Principles II as a substitute)	CHM 1040 Gen Organic Biochem for HS Majors (Students pursuing DPT track will need to substitute CHM 1110 General Chemistry I AND CHM 1120 General Chemistry II)
Complete at CSS	PSY 3331 Statistics
Complete at CSS	EXP 3321 Kinesiology
Complete at CSS	EXP 3322 Biomechanics
Complete at CSS	EXP 3323 Sports Nutrition
Complete at CSS	EXP 3331 Exercise Physiology
Complete at CSS	EXP 3332 Physiological Assessment
Complete at CSS	EXP 3334 Cardiopulmonary Rehabilitation
Complete at CSS	EXP 3342 Strength Training and Conditioning
Complete at CSS	EXP 4431 Advanced Exercise Physiology
Complete at CSS	EXP 4436 Exercise Physiology Research I
Complete at CSS	EXP 4438 Exercise Electrocardiography & Graded Exercise Training
Complete at CSS	EXP 4555 Internship (4-16 credits)

This information is provided as a guide and is subject to the transfer policy noted in the college catalog in effect at the time of admission to the College. \*Students admitted as first-year students must also complete a Dignitas requirement.

### Transferring to The College of St. Scholastica

The College of St. Scholastica accepts credits in transfer to satisfy major requirements as noted in this guide. Grades earned must be a C or better for transfer. For an evaluation of transfer credit, students must request an official transcript to be sent directly to the College of St. Scholastica.

## Requirements for Admission to the Exercise Physiology Major

- Applicants must have at minimum a 2.7 cumulative grade point average
- No grade lower than a C in any course

## Requirements for the Bachelor's Degree

The following minimum College requirements must be met for the bachelor's degree:

- Satisfactorily complete a minimum of 128 semester credits including:
  - Minimum 42 upper division credits (at or above the 3000 level)
  - The last 32 credits before graduation must be earned at The College of St. Scholastica.
  - A minimum of 16 credits must be earned in a major field at The College of St. Scholastica.
  - All general education requirements must be met
  - All major requirements must be met
  - The maximum number of physical education credits that can count toward graduation is 8.
- Achieve a minimum overall GPA of 2.0. GPA of 2.7 or better in the Exercise Physiology (Please note that minimum GPA requirements for applying to graduate programs may be higher – consult with an admissions counselor or review the current online admissions information to determine the minimum GPA requirements for application to your program of interest.)

## For Additional Information About Undergraduate Transfer Admissions

For more information about the undergraduate admissions process and scholarships available please contact:

Amie Anderson  
 Brainerd Campus  
 (877) 287-8752  
 Aander10@css.edu

## Preparing for Graduate Studies in PT or Athletic Training?

### M.S. Athletic Training

Prerequisites for the M.S. Athletic Training *met with Exercise Physiology major	
BIOL 2467 & 2468	*Anatomy & Physiology I & II
CHEM 1407 or 1424	*Introductory Chemistry
PHYS 1401 (PHYS 1402 recommended)	Physics I or *Biomechanics
Met with Exercise Phys major (EXP 3331)	*Exercise Physiology
Complete at CSS	*Statistics
PSYC 2421 or PSYC 2431 or PSYC 2470	General Psychology or *Lifespan Development or Abnormal Psychology
Can be completed at CSS	Recommended courses: -Pathophysiology -Intro to Counseling -Intro to US Healthcare System

3+2 and post-baccalaureate options available.  
 Additional information about the M.S. Athletic Training Program can be found at [go.css.edu/at](http://go.css.edu/at).

### Doctor of Physical Therapy

Prerequisites for the DPT Program *met with Exercise Physiology major	
BIOL 2467 & 2468	*Anatomy and Physiology I & II
CHEM 1424 & 1425	Chemistry I and II
PHYS 1401 & 1402	Physics I and Physics II
HINS 1360 (CLC)	*Medical Terminology
Complete at CSS	*Statistics
PSYC 2431	*Lifespan Development Psych
PSYC 2470 (CLC)	Abnormal Psychology
Can be completed at CSS	Recommended Courses: -Pathophysiology -Research Methods

Additional information about the Doctor of Physical Therapy Program at The College of St. Scholastica can be found at [go.css.edu/pt](http://go.css.edu/pt)

## Interested In Other Graduate Degree Programs at CSS?

For information about the other graduate degree programs available at The College of St. Scholastica please visit us online at [www.css.edu](http://www.css.edu).