

For students planning to transfer to The College of St. Scholastica and major in Exercise Physiology the following transfer guidelines are provided. The table below lists The College of St. Scholastica's B.S. Exercise Physiology requirements along with equivalent courses that can be completed at North Hennepin Community College.

North Hennepin Community College Equivalent or Substitution	The College of St. Scholastica B.S. Requirements (Exercise Physiology)
Minnesota Transfer Curriculum (MnTC)	The MnTC fulfills the CSS general education requirements except for the religious studies and upper division integrations requirements.*
Any of the following courses will fulfill the Religious Studies requirement or it can be completed at The College of St. Scholastica (CSS). PHIL 1030, PHIL 1040, PHIL 1060	Religious Studies General Education Course
Complete at CSS	Upper Division Integrations Course
Exercise Physiology Major	
BIOL 1001 Biology I	BIOL 1036 Biology of the Cell
BIOL 2111 Human Anatomy and Physiology	BIO 2110 Anatomy and Physiology I
BIOL 2112 Human Anatomy and Physiology II	BIO 2120 Anatomy and Physiology II
MATH 1150 College Algebra	MTH 1111 College Algebra
PSYC 1250 Life Span Developmental Psychology	PSY 2208 Lifespan Developmental Psychology
PHYS 1201 Principles of Physics I (Students pursuing DPT track should also complete PHYS 1202; recommended for M.S. Athletic Training))	PSC 2001 Physics I (Students pursuing DPT track will also need to complete PSC 2002 Physics II; recommended for M.S. Athletic Training)
Requirement can be completed at CSS or students can complete CHEM 1061 & 1162 Prin. of Chemistry I & II (two semester sequence required if pursuing DPT track)	CHM 1040 Gen Organic Biochem for HS Majors (Students pursuing DPT track should complete CHM 1110 & 1120 General Chemistry I & II instead of CHM 1040)
Complete at CSS	PSY 3331 Statistics
Complete at CSS	EXP 3321 Kinesiology
Complete at CSS	EXP 3322 Biomechanics
Complete at CSS	EXP 3323 Sports Nutrition
Complete at CSS	EXP 3331 Exercise Physiology
Complete at CSS	EXP 3332 Physiological Assessment
Complete at CSS	EXP 3334 Cardiopulmonary Rehabilitation
Complete at CSS	EXP 3342 Strength Training and Conditioning
Complete at CSS	EXP 4431 Advanced Exercise Physiology
Complete at CSS	EXP 4436 Exercise Physiology Research I
Complete at CSS	EXP 4438 Exercise Electrocardiography & Graded Exercise Training
Complete at CSS	EXP 4555 Internship (4-16 credits)

This information is provided as a guide and is subject to the transfer policy noted in the college catalog in effect at the time of admission to the College. \*Students admitted as first-year students must also complete a Dignitas requirement.

### Transferring to The College of St. Scholastica

The College of St. Scholastica accepts credits in transfer to satisfy major requirements as noted in this guide. Grades earned must be a C or better for transfer. For an evaluation of transfer credit, students must request an official transcript to be sent directly to the College of St. Scholastica.

## Requirements for Admission to the Exercise Physiology Major

- Applicants must have at minimum a 2.7 cumulative grade point average
- No grade lower than a C in any course for transfer to the College.

## Requirements for the Bachelor's Degree

The following minimum College requirements must be met for the bachelor's degree:

- Satisfactorily complete a minimum of 128 semester credits including:
  - Minimum 42 upper division credits (at or above the 3000 level)
  - The last 32 credits before graduation must be earned at The College of St. Scholastica.
  - A minimum of 16 credits must be earned in a major field at The College of St. Scholastica.
  - All general education requirements must be met
  - All major requirements must be met
  - The maximum number of physical education credits that can count toward graduation is 8.
- Achieve a minimum overall GPA of 2.0. GPA of 2.7 or better in the Exercise Physiology major (please note that minimum GPA requirements for applying to graduate programs may be higher)

## For Additional Information About Undergraduate Transfer Admissions

For more information about the undergraduate admissions process and scholarships available please contact:

Brenda Panger, Undergraduate Transfer Admissions  
 (800) 249-6412 ext. 6067  
 bpanger@css.edu

## Preparing for Graduate Studies at The College of St. Scholastica

### M.S. Athletic Training

Prerequisites for the M.S. Athletic Training *met with Exercise Physiology major	
BIOL 2111 & BIOL 2112	*Anatomy and Physiology I & II
CHEM 1061 & 1162	*Introductory Chemistry
PHYS 1201 (PHYS 1202 also recommended)	Physics I or *Biomechanics
Met with Exercise Phys major (EXP 3331)	*Exercise Physiology
Complete at CSS	*Statistics
PSYC 1250 PSYC 2320	General Psychology or *Lifespan Development or Abnormal Psychology
Can be completed at CSS	Recommended courses: -Pathophysiology -Intro to Counseling -Intro to US Healthcare System

3+2 and post-baccalaureate options available.  
 Additional information about the Athletic Training Program can be found at [go.css.edu/at](http://go.css.edu/at).

### Doctor of Physical Therapy

Prerequisites for the DPT Program *met with Exercise Physiology major	
BIOL 2111 & BIOL 2112	*Anatomy and Physiology I & II
CHEM 1061 & 1162	Chemistry I and II
PHYS 1201 & PHYS 1202	Physics I and Physics II
BIOL 1230&1231	*Medical Terminology
Complete at CSS	*Statistics
PSYC 1250	*Lifespan Development Psychology
PSYC 2320	Abnormal Psychology
Can be completed at CSS	Recommended Courses: Pathophysiology Research Methods

Additional information about the Doctor of Physical Therapy Program at The College of St. Scholastica can be found at [go.css.edu/pt](http://go.css.edu/pt).

## Interested In Other Graduate Degree Programs at CSS?

For information about the other graduate degree programs available at The College of St. Scholastica please visit us online at [www.css.edu](http://www.css.edu).