

FALL | 2024

ST. SCHOLASTICA

MAGAZINE



BUILDING THE FUTURE

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ON THE COVER

College President Barbara McDonald and Student Government Association President Maddy Ploof '25 in the new Student Center. For more, see pg. 17.

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PRESIDENT'S MESSAGE

Dear Friends,

We find ourselves in the midst of an exciting year at The College of St. Scholastica, always mindful of our Benedictine charism, our Catholic identity and the ways in which we lean into the gifts with which we have been entrusted. We join over 200 Catholic colleges and universities in the United States that are committed to providing over 850,000 students with a core experience in liberal arts education influenced by our Catholic social teachings and intellectual traditions. As a Catholic Benedictine institution founded by our dear Sisters of the St. Scholastica Monastery, our Benedictine values are at the heart of our work, as we strive for inclusive excellence as a moral and ethical imperative. As former President Emeritus and theologian Larry Goodwin noted, "Benedictine education is communal and its deepest purpose is the transformation of persons." As Catholic institutions of higher learning have done for centuries, we honor the dignity of every human being and see Christ's face in all we encounter.

This year we are poised to embrace our Benedictine value of Respect, which calls us to cherish and promote the worth of all human life: treating all persons with dignity and reverence; honoring and supporting the spirituality of each person; valuing the dignity of all work; and promoting the participation of all persons in the decisions affecting their lives. This is sacred work we are called to do in an increasingly complex and multifaceted world.

We reflect on this value as we launch a new strategic plan process this fall, with our current plan wrapping up in 2025. We will spend time examining our history, our charism and the awesome responsibility we have to carry forward our founding Catholic Benedictine legacy in shaping our future success of the institution. And we'll dream and imagine the future we need to prepare our learners to be the exceptional leaders our world desperately needs.

As you read this issue's stories of Renee Booth, Luke Wessberg and Ami Khan, you will be inspired, as we are, to see how the fruits of our mission are exemplified — how our graduates have truly been transformed to serve the world. Likewise, you will see how our current students are touching the heart of innovation through research, service learning, study abroad and fieldwork.

Indeed, the incredible talents of faculty and staff, along with our most precious gifts, our students and our alumni, are helping to shape the world we need.

I am so grateful to you — all of our Saints — for being a part of this story and for being that beacon of light and hope. From supporting our learners to your gifts towards our new Student Center and scholarship opportunities, you have continued to help us make The College of St. Scholastica a welcoming and thriving place for transformation!

Thank you for being part of our Saints family. Blessings to you and Vivat St. Scholastica!

Barbara McDonald, Ed.D

PANDEMIC PIVOT TO CAREER PATH



▲ BLCD residents Barb Healy and Peggy Radzak with Wessberg.

In 2020, when the COVID-19 pandemic upended his final months of high school, Luke Wessberg '24 found a productive way to utilize his extra time. "A lot of people can't believe it, but during the pandemic, I got a job," Wessberg said. "It was my senior year of high school and I didn't have in-person classes, so I got a job at Benedictine Living Community in Duluth (BLCD)." Four years later, as he graduated with his bachelor's degree in management with a concentration in healthcare administration, Wessberg could already see how his hard work and focus paved the way for a headstart in his career.

Starting as a culinary aid at Benedictine, Wessberg gained experience at the organization and ultimately embraced the opportunity to assist in various positions. Over the course of his four years at BLCD, he logged over 2,500 direct care hours as a resident assistant and certified nursing assistant (CNA), worked as an interim human resources assistant and played a role in the health information department and as a special assistant to the administrative team.

In fall 2023, Wessberg was promoted to director of resident services on the Duluth campus. BLCD offers the region's only comprehensive range of living arrangements and care services, including everything from independent and assisted living to memory care, skilled nursing and senior rehabilitation. BLCD cares for around 96 residents in the

skilled nursing facility with additional space for 149 residents spread across its housing options. Focusing on the housing side with residents in independent living, assisted living and memory care, Wessberg works with the housing director to lead operations. In this role, he provides administrative support to nursing, culinary and environmental services, works with residents and their families on issues and concerns, and collaborates on future operational strategies.

EXPERIENTIAL LEARNING LAB

Wessberg credits his growing interest in pursuing a medical profession to the exposure he received from both of his parents. "Growing up and watching what my mother did, first as a physical therapist and then in healthcare leadership and administration, was important to me," Wessberg shared. Following this inspiration, he initially planned to pursue pre-medical studies and follow the path to medical school, but he shifted to the business side of healthcare in his second year. "I appreciated the impact each of my parents made, which really inspired me to pursue a career in healthcare administration. Following a long career in acute care, my mother was at Benedictine for around seven years before retiring last summer. It is cool that, in some ways, she introduced me to Benedictine and passed part of the torch to me."

Operating as a full-time employee and a full-time student presented challenges and Wessberg is grateful for the support he received from both sides. "Both my advisor and my human resources director have helped me find ways to balance my schedule," Wessberg explained. "Since I have been full-time at BLCD, finding the right class times has been key. Once we nailed down the schedule, it was as simple as blocking an off-site meeting and walking to Tower Hall for class. It was fascinating to pull out my textbook, realize I had just dealt with a situation the author described and be able to apply the information immediately."

PRIORITIZING THE VALUE OF RELATIONSHIPS

Wessberg recognized the importance of building and maintaining positive relationships daily. "As a CNA, I gained great experience with our residents, developing and fostering relationships, which is unique to a long-term care setting," he said. "In a hospital or clinic, you may only see a patient for a few hours, a few days or maybe a week. Some of our residents have been with us for 10 years, so people I met on my first day at Benedictine four years ago are still people I interact with today and see daily. I take pride in not sitting in my office, so I'll go around a couple of times a day and visit with as many residents as possible. I like to poke my head in during meal times in our dining rooms, and I view those times as a

"You'd be surprised by how much leaders want to help the next generation of business people and healthcare leaders. So, I would say reach out. More often than not, people will help you."

great way to connect and maybe discover opportunities to improve our services."

The foundation Wessberg laid by investing in relationships at each stage of his career at BLCD is evident to staff and residents. Barb Healy, a resident of two years, said, "Luke is always serving with a smile, and I appreciate that. He looks like he's happy

to be here." Peggy Radzak shared, "When my husband Chuck and I first came here, he was failing with dementia, and I couldn't help him with everything. Luke was coming once a week to help with some direct care, and I didn't think Chuck would be very happy about it, but when he met Luke, he sure was. They talked and talked, and I don't think he thought about what they were doing beyond that." Merry Wallin, who served as the foundation and marketing director at Benedictine Living Community until she retired at the end of April, added, "Working with Luke was fabulous. He's very bright; he thinks on the spot. He's also a visionary, and he brings a whole new set of eyes to our campus."

Even with the support of his colleagues and the residents at BLCD, Wessberg acknowledged he is in an unconventional position at his age. "It is challenging to be a 21-year-old director in a healthcare facility," Wessberg said. "People give you a look. I definitely have to overcome those barriers, but I enjoy it. When I work with people for a little while, whether that's our staff or residents or family members, they understand that I'm very much devoted. I have a solid background, and when I impact people and make positive changes, I think that's when they really start to acknowledge that I am a good fit for this role."

Beyond the connections forged within the halls of BLCD, Wessberg made it a priority to reach out to professionals in healthcare to talk about the industry and simply glean from their knowledge and experience. Over his four years, he has connected with many other leaders around the region and sees the benefit for new graduates working in any industry: "I think people are maybe a little nervous or timid to step out of their comfort zone and try to meet someone new, but you'd be surprised by how much leaders want to help the next generation of business people and healthcare leaders. So, I would say reach out. More often than not, people will help you," Wessberg said.

After graduation, Wessberg continues to learn and grow in his role at BLCD to create and nurture the best possible environment for residents and staff alike. "Looking at how we can change staffing and healthcare, how we can change floor staff relationships with administrative teams and those we serve, I think is a big issue and something that I definitely want to dive deeper into the future," he said. "I like to say that I entered healthcare to provide support not only for our clients, but also provide support for our staff who provide such vital care."

RELENTLESS PURSUIT OF A BETTER FUTURE



One of a student's education-defining moments is taking the leap from the classroom and textbook to real-world application; when a student flips the script and brings real-world experience into the classroom, the journey becomes even richer. Renee Booth '24 graduated with a bachelor's degree in social work and minors in deaf language and culture, psychology and Native American studies. Her relentless pursuit of a better future is evident in the experiences that have shaped her education into an inspiring journey.

For Booth, changing her major to social work from a double major in business and social work in her first year set a course to join a long line of family members in service to others. "Someone in my family said it might be genetics since my grandma was a social worker for Hennepin County, her father was a police officer and I have a great-great uncle who was a social worker."

In addition, Booth's own experience with the public service sector is deeply personal. Her connections with social work and social workers during her time in foster care have shaped her perspective, driving a desire to improve these systems and contribute positively. To put it colloquially, public service was in her blood.

"I can see how my life experience directly impacted my career trajectory," Booth said. "After realizing that a business degree was more about how to keep a business running than getting one started, I realized I would rather invest my energy in other areas." As she put it, "I want to be part of making things better for people, which means being involved in social work."

BRINGING THE CLASSROOM TO LIFE

Transitioning from a double major to focusing on social work was just

the beginning of Booth's educational journey. Starting her freshman year in a predominantly online environment during the pandemic added a layer of complexity to her college experience. However, Booth's commitment to hands-on learning and personal connection remained strong. She actively sought out opportunities to connect with peers and faculty, making the most of her education through three internships, two study abroad trips and an Alternative Break Experience (ABE).

Booth did "a little bit of everything" in the social work sphere by the time she graduated: an internship at the public defender's office, an internship at St. Louis County with children and families in the Families Assessment unit, and an internship at a deaf and hard of hearing children's camp. Additionally, she completed a work study job that opened the door to employment at Safe Haven. Her experiences over four years of undergraduate study

"I CAN SEE HOW MY LIFE EXPERIENCE DIRECTLY IMPACTED MY CAREER TRAJECTORY."

helped narrow her focus to her current passion at the intersection of social work and criminal justice. "I think it's just being frustrated about how that system works and wanting to be part of the solution, not part of the problem because it's not really serving effective justice. And I think our system right now just puts everybody in jail or prison when that's not really helpful. We treat drug crimes as criminal crimes when people likely need treatment instead. So things like that get me upset," Booth explained.

After completing three internships during her undergraduate program, Booth can attest that the first field experiences can be nerve-racking but rewarding. "The feeling of not knowing what we were doing was more in our heads than anything; I think we were more prepared than we thought," she shared. "When I started a new internship, I learned a lot just sitting back and watching to see how people worked with clients. It ended up being less about remembering what the book said about this or that and more about watching what people do and finding what works in that setting."

ONWARD AND UPWARD

Reflecting on the undergraduate experience, she has few regrets: "I don't really know that I'd change anything. I think I did what I was meant to do; even the bad things get you to learn the lesson that you need to know. I feel like I utilized my time well and took advantage of all the opportunities that I could afford."

Her sights set on social work, Booth decided in her sophomore year to continue her educational journey in the master's of social work program immediately after earning her bachelor's. As a three-semester program for students with an undergraduate degree in social work, she said it was an easy decision. "My master's internship will be at Genesis Recovery Services, which is in Duluth as well. And that's more chemical dependency one-on-one therapy and group work," she said.

Not surprisingly, her advice for new college students is simple: "Just show up. Just go to everything and take all the opportunities you have. That's where you find new opportunities. And if you don't go, then you don't know what you're missing."

SAINTS ABROAD

For over 40 years, undergraduate and graduate students at The College of St. Scholastica have been jet-setting around the world as part of their academic programs to discover more about themselves and the world around them. Immersing in new cultures gives students real-life exposure to situations they might not have encountered in the classroom.

2024's Ireland in the Spring cohort enjoying the sights.

Halted by the pandemic

The COVID-19 pandemic paused St. Scholastica's tradition of education and service abroad. Students abroad at the time were advised to return to the United States as borders closed and international travel was brought to a complete standstill. As a result, study abroad programs were forced into a sedentary state for almost two years.

"One of our partners, Higher Education Consortium for Urban Affairs (HECUA), didn't make it through the pandemic," reported Callie Ronstrom, Education Abroad Advisor. "They were an external partner we worked with very closely." With the majority of St. Scholastica students participating in HECUA programs when choosing to study abroad, the permanent closure impacted the student body and their interest in external experiences.

After working in a limited capacity for the last few years, the Center for Experiential Learning is excited to report that the study abroad program is back on its feet. In fact, numbers are almost back to their pre-pandemic levels, with 6% of traditional undergraduate students opting for this life-changing experience by taking the leap into education and service abroad. These numbers also rise exponentially as more awareness is brought to the programs.

A variety of opportunities

There are several types of study abroad opportunities offered to students. Faculty-led programs can range from a few weeks to an entire semester abroad with a faculty member and a cohort of other St. Scholastica students. While this can be more rigid, it is the most popular for students seeking opportunities abroad. Alternatively, external partners allow students more flexibility to pick and choose what they would like from their experiences.

Students can also immerse themselves in an individual study abroad program at the destination of their choice. These programs, which can be offered over a summer or semester, commit students to travel abroad for a longer period of time, oftentimes solo. Students reap the benefit of their time and energy, thoroughly engaged in the culture of their destination.

A third, often overlooked, option is a national exchange program. The College of St. Scholastica has recently enrolled as part of the National Student Exchange Program, a consortium of 200 institutions across the United States, all U.S. territories and the seven provinces of Canada. This exchange consortium allows students of participating institutions to study for up to an entire academic year at another member institution while living and taking courses at the chosen institution. "It can be hard to be in a different cultural setting or a different language setting," Ronstrom recognized. Therefore, participation in programs like the National Student Exchange can be a helpful option for students to consider. By completing an exchange term within the North Americas, students can stay close to their friends and families in some capacity.

Accessibility of programs

Despite the positive attributes of study abroad, some students can be hesitant about the financial accessibility of the opportunity. "There is a myth amongst the student body that it's inaccessible, but really, there are some programs that are quite affordable, if not comparable to the prices that they would already have been paying for a semester enrolled at the Duluth campus," explained Ronstrom.

Whichever route a student takes, it is important to note that scholarships are available for education and service abroad experiences. The College offers internal scholarships, and there are additional state and federal offerings.

Ronstrom would like to see the barriers associated with studying abroad minimized. "There are things to learn all over the world in every single discipline," she said. The College hopes to see more Saints involved in education and service abroad in the years to come.

CELEBRATING 90 YEARS OF HEALTH INFORMATICS AND INFORMATION MANAGEMENT AT ST. SCHOLASTICA

On November 9, 1934, a collaboration between St. Mary's Hospital and The College of St. Scholastica paved the way for the start of the first medical library training program. When Sister Patricia Thibadeau led the development, little did she know the influence this program would have on healthcare 90 years later.

Over the years, faculty and alumni have shaped the way medical information is collected, stored and used. Faculty have led global initiatives on the development of professional education for health informatics and information management and published textbooks and articles on topics related to education, workforce development and digital healthcare technology. St. Scholastica students consistently earn awards for their outstanding academic achievements and as emerging professionals. Alumni work as analysts, managers, directors, educators, founders, CEOs and in many other healthcare positions. They manage teams and companies that tackle important issues in health information and technology and lead local, national and global associations that advocate for and create change in health information, data and technology.

Today, the Department of Health Informatics and Information Management has six faculty members, enrolls roughly 150 students across five programs, and has over 2,000 alumni worldwide. The Department offers a Bachelor of Science in Health Informatics and Information Management, a post-baccalaureate degree in Health Informatics and Information

Management, a Master of Science in Health Information Management, a Master of Science in Health Informatics and a Health Informatics Graduate Certificate.

In celebration of 90 years, there will be numerous events throughout the year in which students, faculty, staff, alumni, and friends can participate. The new HIIM Endowed Fund will support experiential learning purposes, such as internships, student travel for conferences or other networking opportunities and classroom technology, among other program initiatives that support training and professional development.

Join us as we celebrate the department's 90th year and the incredible legacy and reach this department has had in healthcare.

AHIMA24 Conference:
Oct. 27 – 29, 2024
Salt Lake City, UT
Alumni Reception on Oct. 28

LaTour Eichenwald Forum on Healthcare Leadership and Innovation:
Nov. 21, 2024
Duluth, MN

AHIMA25 Conference:
Oct. 12 – 14, 2025
Minneapolis, MN



This picture was taken during the first program survey in June of 1935 in Duluth, MN. Mary Kearns (left) was approved as the first program instructor. Edna K. Huffman (center) - president of ARLNA conducted the first official survey of the program, and Sister Patricia Thibadeau (right) served as the superintendent and director of the program.



Medical records students at St. Mary's Hospital in 1938.



HIIM faculty and staff in 2022. Back to front, left to right: David Marc, Katie Kerr, Eric Nordgren, Madonna LeBlanc, Pam Oachs, Janelle Wapola. Not pictured: Amy Watters

SAINTS STEP UP:

EXPLORING MEDICAL ENTREPRENEURSHIP WITH INNOVATION SCHOLARS

Working at the intersection of science, healthcare and entrepreneurship, four St. Scholastica students — Fabian Andrade '25, Greta Kos '24, Jad Saouma '24 and Sarah Vlasich '24 — collaborated as the College's inaugural Innovation Scholars team. Together, the team spent four months researching a challenging tech transfer project focusing on ways to predict resistance to cancer-treating drugs in chemotherapy before proposing a solution to healthcare professionals at the Mayo Clinic.

A nationally recognized experiential learning program, Innovation Scholars immerses teams of liberal arts students in the complex processes of translational medicine while shaping a solution to a real-life issue. Since 2006, more than 900 Minnesota private college and university students have put their research, problem-solving, collaboration and communication skills to the test as they develop and pitch original ideas to teams at Mayo Clinic and early-stage Medical Alley companies.

Dr. Brenda Fischer, dean of the Stender School of Leadership, Business and Professional Studies, is glad to support the program for Saints. "The Stender School is delighted to sponsor the Innovation Scholars program as a unique, high-impact experiential learning opportunity," she said. "We have an incredibly talented interdisciplinary team of students and faculty from business and the sciences. Students gain knowledge, experience and confidence as they work with their team and healthcare professionals."

This past year, the project objective was to explore how a new biomarker could direct treatment strategies for one of the deadliest types of cancer. "Pancreatic ductal adenocarcinoma (PDAC) is one of the most lethal cancers worldwide with a five-year survival rate of less than 10%," explained Saouma. "This form of pancreatic cancer is

associated with a poor prognosis due to a lack of early detection methods and nearly unavoidable chemoresistance. Dr. Tongzheng Liu and colleagues discovered and patented a protein as a biomarker used to guide chemotherapy-related treatment(s) of PDAC. Our job was to analyze this protein and try to prove how efficient it could be from the biology side and on the business side we were responsible for doing a demographic and financial study as well as exploring potential partnerships."

Working on a project with the possibility of real-time, real-world impact was both exciting and challenging. In order to be effective, the team needed to absorb and sort through data in unfamiliar fields while communicating efficiently and effectively to meet the presentation deadlines. Dr. Melanie Talaga, associate professor, director of the Chemistry MS and one of the project mentors, enjoyed supporting the students' efforts.

"As a scientist, it is very challenging to explain my science to non-scientists; practice and exposure to develop this skill is helpful and meaningful. The design of this program gives students exposure to this early in their education and is helpful for them to build these skills," she said. "Mentoring students in this program was a fun experience. It was great to see them work together and independently as well as realize when they needed guidance from a mentor. It can be difficult to know when and what to ask your mentors, so this was fun to watch unfold."

EXPANDING HORIZONS

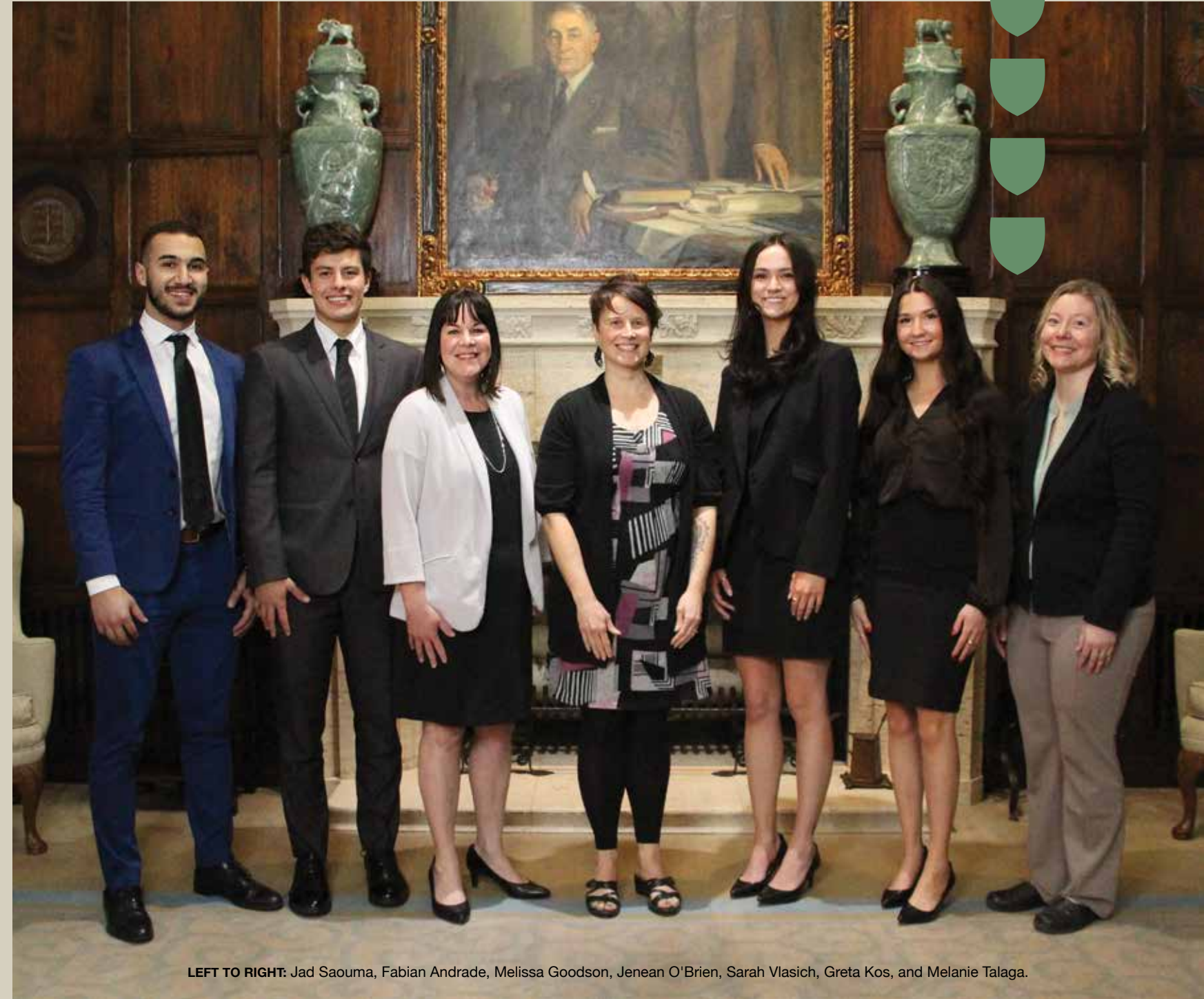
Vlasich shared how the Innovation Scholars experience gave her a deeper appreciation of the contribution she could make to a critical research area. "Prior to being a part of this team, I had been fascinated by

cancer research and intrigued by ways that it could be accessible to undergraduates like me," she explained. "Mayo Clinic's Innovation Scholars program gave me the opportunity to deeply engage with the science, which was both an exhilarating and transformative experience."

Saouma was excited about the "once-in-a-lifetime opportunity" through the Innovation Scholars program. "It's a chance to contribute to important research at the world's best hospital, Mayo Clinic, aiming to ease people's suffering," he explained. "This experience was incredibly beneficial for my career, exposing me to various new fields in healthcare, marketing, business and technology. What really makes me proud to be part of this program is the chance to make a difference, no matter how small, in improving people's lives."

"So far it has been one of the best experiences in my life," Andrade shared. "The main reason I decided to apply for the project is because of the chance to work on the development of a medical product that has the potential to help millions of people means so much for me. One of my goals in life is to make a positive impact and contribute to people's happiness."

Vlasich saw how the months of hard work outside the classroom culminated in a unique opportunity that was well worth it. "Do it!" Vlasich enthused. "The project is very challenging and will push you to your limits, but you will not regret it for one minute of your life. This is such an incredible opportunity, and I really hope that future St. Scholastica students are as excited as we were to be a part of it."



LEFT TO RIGHT: Jad Saouma, Fabian Andrade, Melissa Goodson, Jenean O'Brien, Sarah Vlasich, Greta Kos, and Melanie Talaga.

2023-2024 INNOVATION SCHOLARS

FABIAN ANDRADE '25
MAJORS: Business Management, Computer Science
MINOR: Data Analytics

GRETA KOS '24
MAJORS: Biology, PA Medicine (pre-professional)
MINORS: Psychology, Sociology

JAD SAUMA '24
MAJOR: Computer Information Systems

SARAH VLASICH '24
MAJORS: Biochemistry, Psychology
MINOR: Pre-Medicine

Campus mentors included Amber Schlater, Jenean O'Brien, Melissa Goodson, Melanie Talaga and Amy Pocrnich. The team was led by Augsburg University MBA student Andy Thomson.



RESILIENCE IN CARE

When Ami Khan (DNP '24) immigrated to the USA, her language instructor told her she did not have what it would take. "I can't understand you," they told her. Khan was born in the formerly British-colonized Sierra Leone but lived in French-speaking Guinea for many years. She lived through a war and spent seven years in refugee camps before landing in Minnesota. She found herself alone in a foreign land and had no choice but to move forward.

The transformative power of education

Khan arrived in the United States in 2005 and has been in school since, spending two decades collecting degrees and credentials to support her work, including CNA, LPN, RN, BSN and DNP. She graduated from high school before arriving in the country, but due to the war records were unavailable, prompting her to sit for the GED. Post-DNP life will be the first time she takes a breather in years.

Her journey within the healthcare industry has not been easy. She started at St. Paul Technical College (now St. Paul College), earning her CNA certification. Six years later, she earned her RN license at Rasmussen College (now Rasmussen University) before earning her BSN.

As a way to immerse herself within American culture, Khan recalled watching every sitcom, not because she enjoyed the premise of the shows, but because she was so committed to learning how things were and how people talked. "Google became my best friend," she said. "I'd type in words and hit that auditory button that could tell you how to pronounce words. I still have an accent and will have it for the rest of my life."

Khan is one of the freshest Doctor of Nursing Practice (DNP) program graduates at The College of St. Scholastica. Chosen as one of two commencement speakers this year, she accepted the role as an opportunity to share her story and inspire others to pursue their goals. In her speech, she shared the transformative power of education and its role in breaking barriers within society.

Khan owes her success and journey to St. Scholastica to God. "I never saw myself here at this point," Khan admitted. "But I believed I was destined to be here, and that's how He laid the path for me." She was drawn to St. Scholastica because of its Benedictine values, which were parallel to those that shaped her formative years. During her years in the program, she was met with an atmosphere conducive to learning and embraced these Benedictine values she held near her heart. In addition, the school offered the BSN to DNP track, which was a good fit for her situation.

Offering compassionate healthcare

Entering the healthcare industry was an organic choice. Khan had not previously considered healthcare as a career path, but the nurse she encountered upon arrival in the country showed her how much autonomy nurses had. Khan also credits Lutheran Social Services for guiding her further towards this direction. The caseworker who assisted her with integrating into society also informed Khan that the healthcare sector desperately needed help.

Khan has been based in the Twin Cities since she was enrolled in the DNP program. She recalled waking up as early as 3 a.m. in order to make it up to Duluth for clinical rotations. That kind of schedule takes its toll, but throughout the long days and nights, Khan had her cohort to lean on. "It's hard, it's tedious," she stated. "We still have a text group that we share through. We use that channel to ask questions." Without their support, as well as that of the faculty, nursing preceptors and family, Khan believes she would not be where she is today.

According to Khan, nursing is a transformative experience for both the mind and the body. "Nursing changes you," Khan said. "As you work with instructors, they mold your brain to not only think but act and be passionate." Workers within the healthcare system often see patients and their families when they are in their most vulnerable states. Khan recognized the importance of offering grace and compassion to her patients as "they never asked to be in that position. I've been thrown out and called names, but they're angry at their situations, and you happen to be their interlude between what they're going through, so they have to let it out on someone."

Since graduation, Khan has stepped into a role as a nurse practitioner at Allina Mercy Hospital in Coon Rapids, MN. In the future, she hopes to teach and impact students the same way her instructors did her. Khan advised others pursuing the same path, "It's okay to fail. Allow yourself to fail, never give up and realize that you don't need to be scared. You can learn your way and take your time to get where you're going — it is doable."



BUILDING SKILLS, STRENGTHENING COMMUNITY



mental health. With support from the grant, the OT department is launching the first AOTA-approved pediatric mental health fellowship program in Minnesota in 2025. The fellowship is designed to develop advanced skills specific to addressing mental health needs in a pediatric population in any practice setting and will include opportunities to participate in research and evidence-based projects as well as placement within school settings to provide direct supervision to Level II fieldwork master's students."

BEHIND THE SCENES WITH ALLISON GRUENES

Two years into the program, current student Allison Gruenes (OT '25) is excited to share her experience in the field. She had an eye toward an Occupational Therapy career during her movement science and psychology minor undergraduate studies at Winona State University, hearing about the program through Saints alumni. "While shadowing OTs during undergrad, I learned that many of them graduated from St. Scholastica," Gruenes said. "They all recommended the program, and I wanted to continue my studies in a beautiful city in Minnesota! The opportunity to practice at Maurices Community Clinic at the Health Science Center was also a big selling point."

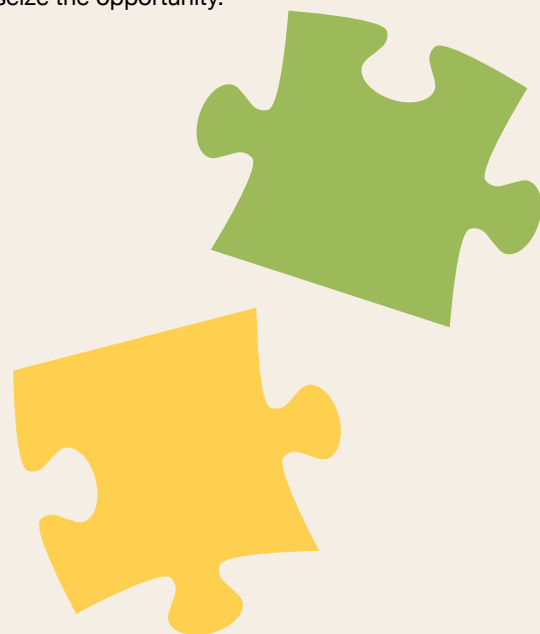
Gruenes was drawn to occupational therapy because of its people-centric work, especially supporting kids, and its focus on a healthy, active lifestyle. She also embraces the need for continuous learning in a dynamic, growing and flexible field like occupational therapy, saying, "Being an OT also means I am called to be a creative problem solver every day, which I love to do!"

For her fieldwork, Gruenes was placed at Duluth Edison Charter School. "My role was to promote positive mental health school-wide," she explained. "This unique experience was wonderful: I spent a large portion of my time researching, creating evidence-based programs and then working directly with classes and students to implement the programs. I also had a chance to evaluate students in the typical

school-based model and learn about the inner workings of school-based OT, speech, special education classrooms and mainstream classrooms."

Gruenes shared that her biggest takeaway centered on connection and flexibility. "As an OT, gaining trust from clients is important to make progress. Relationally connecting with staff and students at the school was especially important because the work in mental health was unfamiliar and new to many. Connecting with other professional staff and teachers was key to smoothly implementing programs and for learning about students. Being flexible was also extremely important, as students would be absent, class schedules changed, snow days happened, and on any given day a student session may run longer or take place in a different location than usual."

Ultimately, Gruenes ended her MHSP grant placement excited for her final fieldwork experience and feeling equipped to advocate for mental health. "I am ready to continue creating strong relationships with clients and coworkers and eager to become a full-fledged occupational therapist," she said. To aspiring OT students, she encouraged, "Fieldwork will challenge you and lead to growth that helps you gain confidence in the skills learned in didactic coursework. Take every opportunity offered, even if it is a little uncomfortable. The goal is to learn in a supported environment, so seize the opportunity."



MISSION INTEGRATION:

CHANGE MAKER SESSIONS AT COMMUNITY DAY

Inspired by our Catholic identity and rich Benedictine heritage, St. Scholastica has a long history of listening and responding to the needs of the community; the semiannual Community Day is just one opportunity to embody our values through direct engagement in local communities. Taking it one step further this past spring, organizers in Campus Ministry and the Center for Experiential Learning added Benedictine Change Maker sessions to the day's agenda. "The workshops focused on topics like addressing homelessness, understanding international humanitarian law and getting to the heart of how and why to get connected to one's community," Jessica Ellingson, director of Campus Ministry, explained. "We wanted to give Saints the opportunity to dig a bit deeper and engage in a different way. These help get to the very heart of Catholic Social Teaching in action."

Engagement with leaders of Minnesota Iowa Campus Compact (now Seed Coalition) and the Social Change Wheel 2.0 catalyzed the effort to include sessions to center on anti-racism, equity and co-creation. The sessions created learning opportunities aligned with the goal of continued engagement in our communities. "We truly

hope that our Saints community will continue to be positive change-makers on campus, in our local community and as global citizens," Ellingson said. During Community Day sessions, the Social Change Wheel was a useful tool to visualize new perspectives on service and community engagement. The wheel features two concentric rings: the outer ring focuses on ways to make social change broadly, while the inner ring focuses on a variety of campus-based strategies.

As participants wrapped up their service project or workshop, they were invited to watch a brief video from Dr. Barbara McDonald. In this video, participants were encouraged to utilize the Social Change Wheel to indicate an action or step they are committed to taking in response to their experiences on Community Day. Participants considered the variety and range of social change approaches and what sort of contribution is possible for them in this time and place. Through Community Day experiences, we are reminded that collectively our community has the power to have an incredible positive impact within our broader communities.

SPRING 2024 ALUMNI AWARD RECIPIENTS

CONGRATULATIONS TO OUR ALUMNI AWARD WINNERS!

Each year, the Alumni Association recognizes outstanding alumni for their commitment and contributions to their community, profession and the College. Each award winner embodies the Benedictine values that guide the Saints community.

MARISSA (WOJTYSIAK) LEONZAL '12

Sister Ann Edward Scanlon Award

The Sister Ann Edward Scanlon Award honors alumni who, like Sister Ann Edward Scanlon, demonstrate dedication to improving their communities and show exceptional commitment to the College.

Marissa (Wojtysiak) Leonzal graduated in 2012 with a degree in nursing from The College of St. Scholastica. She began her career as a Nurse Case Manager at the Human Development Center, a local non-profit. Her role on the team was unique and allowed her to take a holistic approach when treating clients within the community setting.

In 2021, Leonzal began working with law enforcement in a new position developed by the Duluth Police Department's CORE

unit. She is the first registered nurse to do this in Minnesota. This innovative program assists with calls ranging from mental health, homelessness and substance abuse. After the initial response, the team provides further assistance by referring the individuals to available resources such as mental health services, detox facilities and food shelves. Leonzal's work significantly benefits the community by providing a new service to people in need with dignity and care.



NATHAN JOHNSON '00 (MA '01)

Sister Alice Lamb Award

The Sister Alice Lamb Award honors alumni who are well-established in their careers, contribute significantly to their professions and maintain an enduring commitment to their College.

Nate Johnson has worked as an occupational therapist with St. Luke's since 2002 and is currently the Manager of Inpatient Rehabilitation Services. He supervises occupational therapy practitioners, often graduates of the Occupational Therapy program at St. Scholastica.

Johnson is dedicated to developing students into occupational therapy practitioners who provide client-centered care. Johnson's work as a certified SAEBO provider has helped provide

individuals experiencing neurological events with rehabilitation therapy products that enhance their lives. For over 10 years, he has been an adjunct professor and oversees students of Level 1 fieldwork in the Maurices Community Clinic. Throughout his time as an adjunct faculty, Johnson has supported students in their progression through the program by attending their research symposium events and serving as a guest panelist for several courses. He also collaborated with St. Luke's to facilitate evidence-based practice projects for students.



JANICE TERHAAR '69

Sister Timothy Kirby Benedictine Spirit Award

The Sister Timothy Kirby Benedictine Spirit Award honors alumni who credit the College in their professional achievements and exemplify the Benedictine values of Respect, Hospitality, Stewardship, Love of Learning and Community.

Jan Terhaar graduated in 1969 with a nursing degree and has utilized her skills in many capacities. After graduation, she served as a missionary in British Columbia, volunteered as a school nurse with the Cree First Nation in Canada, led volunteer nursing departments in Bangladesh, provided nursing care in village clinics and refugee camps, established a home for elderly adults experiencing financial hardship, served as an emergency room nurse in Dacca during a military coup d'etat, and occasionally, assisted Mother Teresa of Calcutta and her Sisters of Charity.

When she returned to the United States, Terhaar spent the majority of her career

working in the Labor and Delivery department at Abbott Northwestern Hospital in Minneapolis, MN. She lived out her passion to help new mothers through their deliveries and then the first days of bonding and care for both mother and baby. In retirement, she used her extensive nursing skills to care for the homebound by providing medical care as well as cooking, cleaning, counseling and befriending the lonely.

In 2023, Terhaar was honored at a Mass of Consecration to the Ordo Virginum conferred by Archbishop Bernard A. Hebda. This honor was bestowed upon her after three years of study and preparation.



Page Stevens '69 accepting the award on Terhaar's behalf.



JACK LEE '17 (MSW '19)

Scholastica Inspiration Award

The Scholastica Inspiration Award honors faculty or staff whose interest and concern for the students have positively influenced the student community.

Jack Lee received his bachelor's degree in 2017 and his master's degree in clinical social work in 2019 from The College of St. Scholastica. Since his graduation, Lee has used his diverse skill set to help people in need. Lee currently works as the Veteran Liaison and an adjunct professor of Social Work at The College of St. Scholastica. He advocates for veterans and compassionately implements the Benedictine values in his work and personal life.

Lee considers himself a "freelance social worker, educator, advocate and volunteer." He has been involved in the following: Certified Psychological First Aid responder in three certifications (Red Cross, Johns Hopkins and Mental Health First Aid); Red Cross Disaster Assessment Team Member; Animal Assisted Therapist with Nova, THD (Healer of Hearts); Solvay Hospice House; Essentia Health Children's Hospital Pediatric Oncology Department; Fond du Lac Ojibwe School in Cloquet, MN; University of Minnesota Duluth Community Teacher; and a Seafarer Board Member.





ROW 1: Mari Isakson, Sarah (Hartley) Sneve, Maggie (Noreus) Smith, Lorraine Krauss-Rintala, Catherine (Conito) Kopari **ROW 2:** Mary Caven, Steven Aldrich, Kathy (Wahtera) Blanchard, Bonnie (Blaske) Fitzharris, Michele Hogan, Brenna (Jones) McGee, Patricia (Drew) McLaughlin, Kathy McNamara **ROW 3:** Patrick Kennedy, Mary (Marchand) Charnes, Roberta (Pitschka) Dodson, Nancy DeRosier, Mary Hansen, Barbara (Letendre) Highland, Betty (Fider) Hanson, Kristine (Flewell) Weatherby **ROW 4:** Sister Jean Kiely, Kathryn (Laakso) Otterness, Barbara (Plutt) Pederson, Angeline (Burda) Steinhauer, Janice Truel, Joanne Valerius, Mari (Oommen) Yohannan

Note: We have done our best to identify everyone. Please let us know if there has been an error.



BUILDING THE FUTURE

THANKS FOR JOINING US AT REUNION!



Reunion Weekend 2024 was a special celebration of memories and lifelong friendships. We were proud to honor the Class of 1974's Milestone 50th Reunion year and welcome them into the Saints Heritage Club.

Do you have a Milestone Reunion coming up in 2025? Do you have a Milestone Reunion - 1975, 1985, 1995, 2005, or 2015 coming up in 2025? We would love you to join us in planning a reunion worthy of your class! Contact Alumni Engagement at alumni@css.edu or call (218) 723-6071.

Launched in 2014, The Second Century of Saints Campaign has transformed the Saints experience throughout the institution. Campus improvements – including building projects like the Health Science Center at BlueStone and Student Center – have created spaces of belonging, fostering a strong sense of community and space for collaboration.

Our community believed in the mission and values of our College, providing resources for key upgrades including the nursing simulation and skills labs and the ALLETE Board Room, along with many study rooms in the Student Center adding functional and beautiful learning spaces for students. In addition to the brick-and-mortar projects, the campaign garnered significant support for scholarships and emerging priorities. Thank you to each of our donors and community members for joining us to surpass this record-breaking campaign in the College's history!

Take a virtual tour with President McDonald and SGA President Maddy Ploof '25. Scan the QR code or visit youtube.com/SaintScholastica



BY THE NUMBERS

8 STUDY ROOMS

12 STUDY BOOTHS

10 COMMON SPACES

- Seekers Café where students can grab a bite to eat
- Student Government Association office
- Campus Ministry offices and oratory
- Student Activities offices and lounge
- Outdoor patio space
- Great Hall for gathering, eating, studying and special events
- Art gallery and 356 feet of art hanging space
- Catholic Benedictine symbolism throughout the building



We are especially grateful for the Sisters of the St. Scholastica Monastery and our founding Mother Scholastica Kerst, who was known for her power of vision, her strength of an idea and the courage of imagination. Today we add to her dream that there will rise upon these grounds fine buildings like the great Benedictine abbeys and throughout the building, both exterior and interior, you will see the ongoing mark of our beloved Benedictine history and charism.

– Barbara McDonald, Ed.D.
President of The College of St. Scholastica



We feel blessed to have had the opportunity to help with a campaign to build a long-desired dedicated physical space for students, which will expand learning and social opportunities leading to an enhanced college experience, and ultimately, more prepared and developed students.

– Mimi Stender, Co-Chair of the National Campaign Leadership Committee



This new space represents so much more than just bricks and mortar. It is a vibrant space where our students will learn, grow and connect. Here, they will engage in meaningful discussions, build lifelong friendships, and develop the skills they need to become leaders in their communities and in the world.

– Chris Dolan '01, Co-Chair of the National Campaign Leadership Committee



The significance of this facility and these beautiful green spaces and gardens goes well beyond their appearances. This multi-purpose community expansion offers a diverse range of spaces to enhance the college experience for our students, faculty and staff. It will be the heart and center of campus life. It will serve as a welcoming place where students will come together and socialize, study and meet in groups.

– Eddie Crawford '78, Chair of the Board of Trustees



BRIEFS



Significant grant support for healthcare services

Healthcare programs at St. Scholastica received sizeable grant support this summer. Through this funding, the College continues its mission of preparing students for a life of purpose and meaningful work in the healthcare sector.

The Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) has awarded St. Scholastica a \$1.48 million grant to support the Behavioral Integration in Rural and Community Health (BIRCH) Project. This initiative is designed to increase behavioral health in underserved communities by fostering a new generation of physician assistant (PA) students prepared to meet healthcare challenges in rural settings and deliver comprehensive integrated behavioral health care.*

Additionally, St. Scholastica has been awarded a \$110,000 grant to support four scholarships for students pursuing careers in high-demand healthcare and mental health fields. This funding, a sub-award from the Minnesota Department of Health, will strengthen the rural healthcare workforce by aiding students financially and through professional development. The grant includes \$10,000 dedicated to professional development for the students, which will further prepare them for the challenges of working in rural healthcare environments.

For more information on the grants, visit css.edu/news and read the articles from June 5 and June 20, 2024.

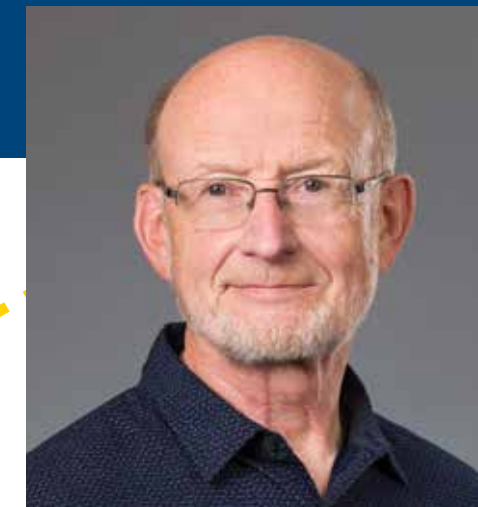
* This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,488,070 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

Faculty emeritus status awarded

This spring, four faculty members were assigned faculty emeritus status, which is awarded to faculty members who retire from the College in good standing. Among other things, this status requires “at least two important contributions the faculty members have made that constitute meritorious service to the College.” The following retired individuals received faculty emeritus status:

- Mr. Robert (Bob) Hartl for his 23 years of service in the Stender School of Leadership, Business and Professional Studies, among many other contributions
- Dr. Angela Hauger for her 36 years of service with the Gerontology program, among many other contributions
- Dr. Tammy Ostrander for her 34 years of service in the Fine Arts department, among many other contributions
- Dr. Lynda Spangler for her 25 years of service with the Physical Therapy program, among many other contributions

Full biographies of the recipients are available in the May 10, 2024 article on css.edu/news. Congratulations to the new faculty emeriti on this achievement!



▲ Mr. Robert (Bob) Hartl



▲ Dr. Angela Hauger



▲ Dr. Tammy Ostrander



▲ Dr. Lynda Spangler



McNair scholars present research at national conference

This summer, student researchers of the TRIO McNair Scholars program at the College presented their research at the National McNair Conference at the University of California, Los Angeles (UCLA). From July 24-26, students experienced an exciting lineup of speakers workshops and presentations.

“It was a powerful and full-circle moment witnessing students fully leaning into their experiences and knowledge as they presented their research and built their network of peers at the 2024 UCLA National McNair Conference,” said Jessica Bortolus '15 (MBA '18), assistant director of the TRIO McNair Scholars

program. “Our scholars shared that they felt empowered by this experience, already exploring the next opportunity to enhance their professional narrative and bolster themselves further into the broader academic community.”

The TRIO McNair Scholars program inspires and empowers first-generation college students with financial need and underrepresented students of color to succeed in research, graduate studies and advanced careers. More information on the conference and program, including testimonials from Weston Stoschein '25 and Allie Lopez '26, can be found in the Aug. 5, 2024 article on css.edu/news.



Dr. Leah Prussia appointed to new chairship

Dr. Leah Prussia, an associate professor of Social Work, has been named the chair of the newly established Council on Environmental Justice and Human Rights (CEJHR) by the Council on Social Work Education (CSWE). Her appointment underscores her remarkable dedication to integrating environmental stewardship with social work principles. Dr. Prussia aims to address the impacts of climate change and promote environmental justice within social work. She brings unique expertise and insights to shape the future of social work education, emphasizing the role of environmental justice in creating a just and equitable society.

Prussia shared her enthusiasm about the new role: “It is truly an honor to serve the profession with other esteemed colleagues throughout the nation. The elevation of the Environmental Justice and Human Rights Committees to a joint Council spotlights the urgency of addressing the impacts of our changing climate on people and the planet. I look forward to working with the CEJHR to shape professional educational standards and practices.”

Read more about the CEJHR and Prussia's involvement in the July 15, 2024 article on css.edu/news.



WINTER/SPRING 2024

SAINTS

SPORTS WRAP-UP



MEN'S DISTANCE MEDLEY RELAY EARNS ALL-AMERICAN HONORS

The relay team of Lars Dewall '24, Noah Kubicek '26, Tucker Wallin (graduate student) and Calvin Boone '24 raced to the finish in a time of 9:52.01 at the 2024 NCAA Division III Indoor Track & Field Championship in Virginia Beach, VA. This became the first relay team to qualify for nationals in school history, doing well with their bid. In fact, they lowered their school record and the all-time MIAC record.





▲ **LILY BENEKE '24 REPEATS AS ALL-AMERICAN IN THE HAMMER**

The 2024 NCAA Division III Outdoor Track & Field Championships women's hammer throw was among the most competitive in DIII history, posting three new top-10 all-time marks. Beneke, who took bronze, added her name to the history books with her heave of 60.06 meters, the 10th farthest in-season throw in DIII history. She became a two-time All-American in the Hammer Throw and the second women thrower to repeat as an All-American, joining Becky Huberty in 2013 and 2014.

◀ **TRENT BESETH '25 BECOMES FIRST MEN'S SHOT PUT ALL-AMERICAN**

Beseth, named the 2024 MIAC Field Male Athlete of the Year, threw 16.94 meters at the Outdoor Championships, placing seventh to become the first male in program history to earn All-American honors in the shot put.

▶ **WELLS PATTEN NAMED MEN'S TENNIS COACH OF THE YEAR**

Wells Patten was celebrated by his peers as the Steve Wilkinson Coach of the Year for men's tennis after guiding the Saints to a second consecutive MIAC Playoff berth and the program's first-ever trip to the conference semifinals. Patten has racked up a total of 18 COTY awards in the UMAC, but this season marks his first honor since joining the MIAC in 2022. Patten becomes the third Saints coach to win a MIAC Coach Of The Year award.



◀ **MEN'S HOCKEY MAKES THIRD STRAIGHT PLAYOFF APPEARANCE**

The men's hockey team qualified for their third straight play-off appearance before falling to Bethel University in double overtime in the semifinals. During the season, the Saints were ranked for 10 straight weeks by the DIII United States College Hockey Online Poll. On Dec. 11, 2023, the Saints received two first-place votes and were ranked second in the nation, their highest ranking since the 2009 season.

▶ **JONAS ABELEDA '25 NAMED MIAC ELITE 22 AWARD RECIPIENT**

Abeleda became the first Saint of any sport to earn the MIAC Elite 22 Award since the College joined the conference in 2022. Modeled after the NCAA Elite 90 Award, the MIAC Elite 22 Award recognizes the true essence of a student-athlete by honoring an individual who has reached the pinnacle of competition at the conference championship level in their sport, while also achieving the highest academic standard among their peers.



OSWALD AND SCHELONKA EARN D3BASEBALL.COM ALL-REGION RECOGNITION

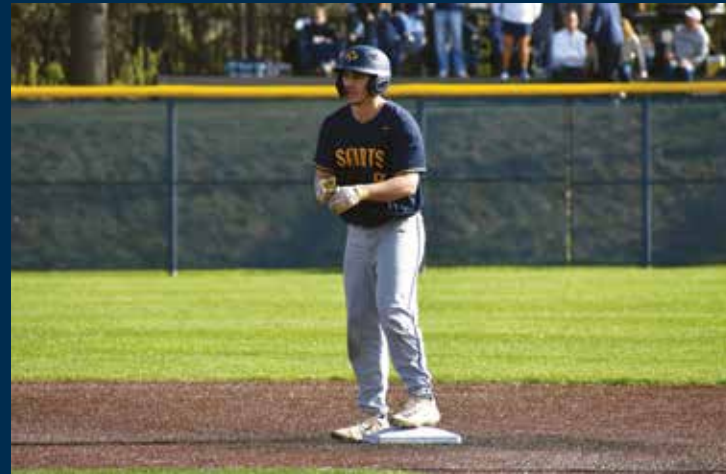
Catcher Kyle Oswald '25 was named to the First Team and outfielder Jake Schelonka (graduate student) was named to the Third Team. Both earn All-Region nods for the first time in their careers. This marked the first time since 2019 that a St. Scholastica player has made the list on any team and the first time since 2017 that a player was named First Team. Since 2012, there have been 29 Saints selected All-Region by D3baseball.com.



▲ Jake Schelonka



▲ Kyle Oswald



SAINTS SPORTS AWARDS

The eleventh iteration of the Saints Sports Awards returned in April to recognize the many accomplishments of St. Scholastica's student-athletes throughout the year. The event was held in the Mitchell Auditorium. Congratulations to this year's award winners.

MALE ROOKIE OF THE YEAR:

Noah Kubicek '26, Track & Field

FEMALE ROOKIE OF THE YEAR:

Kloey Lind '27, Basketball

MALE SCHOLAR-ATHLETE RECIPIENT:

Zach Wenner '24, Golf

MALE PERFORMANCE OF THE YEAR:

Lars Dewall '24, Cross Country, at NCAA Championships

FEMALE PERFORMANCE OF THE YEAR:

Lily Beneke '24, Track & Field, at NCAA Championships

MALE GAME OF THE YEAR:

Cross Country at MIAC Championships

FEMALE GAME OF THE YEAR:

Hockey vs. Concordia College

MALE ATHLETE OF THE YEAR:

Lars Dewall '24, Cross Country

FEMALE ATHLETE OF THE YEAR:

Lily Beneke '24, Track & Field

MALE TEAM OF THE YEAR:

Hockey

FEMALE TEAM OF THE YEAR:

Cross Country

MALE CAREER ACHIEVEMENT AWARD:

Samuel Eben Ebai Jr. '24, Track & Field

FEMALE CAREER ACHIEVEMENT AWARD:

Maj-Lis Helmer '23, Cross Country, Track & Field, Nordic Skiing

JOHN BAGGS SPORTSMANSHIP AWARD:

Ella Achterkirch '24, Soccer



DEAR SAINTS,

I hope this note finds you in great spirits and good health. As I write to you today, I am filled with immense pride and joy as I share some wonderful updates from our beloved alma mater.

First and foremost, I am delighted to extend a warm and heartfelt welcome to the newest members of our alumni family. To our 1,204 May graduates, your journey with us is just beginning, and we are thrilled to have you join an alumni community as passionate and dedicated as you are. The experiences and memories you have made at the College will become a cherished part of our shared legacy.

We also have a monumental milestone to celebrate: the grand opening of our long-awaited Student Center. For decades, this dream has been nurtured by countless generations of students, alumni and supporters. Today, it stands as a testament to our collective vision and unwavering commitment to enhancing the student

experience. The new Student Center will not only serve as a vibrant hub for academic and social activities but will also be a place where future alumni will forge lasting friendships and unforgettable experiences. We invite you to come and explore this remarkable addition to our campus, a place where new traditions will undoubtedly be born.

Adding to the excitement of the new academic year, we are thrilled to share again that this past Give to CSS Day has set a new record for our College with over \$225,000 raised! Your generous contributions and enthusiastic support have made this the largest giving day in our history. This remarkable achievement reflects the strength and unity of our alumni community and will have a profound impact on the future of our institution. With these funds, we will continue to invest in cutting-edge opportunities, innovative programs and scholarships that will ensure our students receive the best possible educational experience.

This new academic year has our hearts full of anticipation and hope. The energy and enthusiasm that our students and faculty bring to campus are truly inspiring and we are excited to see the remarkable accomplishments that will unfold. Your continued support and engagement play a crucial role in shaping the future of our college and we are incredibly grateful for your dedication. We look forward to celebrating many more milestones with you and witnessing the ongoing success of our vibrant institution.

Vivat St. Scholastica!

Jennifer Alaspa, '00 CLS (MBA '15)
President
Alumni Association Board of Directors



CLASS NOTES

1964

Carol (Hagen) Evans writes, "My husband George and I started the St. Vincent de Paul Society at St. Richard of Chichester Catholic Church in Jackson, MS in 2010. I have been the President for the past 3 years. George has been the Spiritual Advisor since 2010."

1993

Myrna Wells-Uiland was elected president of the Churchwide executive board of Women of the ELCA.



1994

Tamm Kritzer is the senior vice president of hospital operations at St. Mary's Medical Center in Duluth, MN.

1995

Todd Appel is an agricultural food service technician in Burlington, WA.

Sally Gibbs (MA '00) "handed over the gavel" in the transition of the presidency of California HIMA to incoming president and current member of the CSS Board of Trustees, Connie Renda (MA '08).



1999

Jared Hoy was selected to lead Wisconsin's Department of Corrections by Gov. Tony Evans. Hoy has worked for the agency since 2007, filling roles that include corrections field supervisor, program and policy chief, and administrator. He became deputy secretary in 2021.

2000

Nyssa Fuhreck is the Director of Health Information Management (HIM) at Optum supporting Allina Health.

Chris Rubesch ('08 and '15) has been recognized as "The News Tribune's Annual 20 Under 40." This award recognizes high achievers younger than 40 from the Greater Duluth community who are successful in their chosen fields, role models in their careers, or leaders in their business or community.

Veronica Surges has been recognized as "The News Tribune's Annual 20 Under 40." This award recognizes high achievers younger than 40 from the Greater Duluth community who are successful in their chosen fields, role models in their careers, or leaders in their business or community.

Otis Zeion has been matched in Family Medicine at Charles R. Drew University of Medicine and Science Program in Los Angeles, CA.

2010

Anna Francisco received the 2024 Outstanding Educator Award from the Minnesota State Board of Trustees. This Award for Excellence acknowledges and provides systemwide recognition for consistently superior commitment to student learning and to encourage the ongoing pursuit of excellence at the colleges and universities of Minnesota State. This is one of the highest recognitions from the Minnesota State Colleges and University System.

Blake Kroyer, CRPC, AAMS was recognized as one of the "Top 40 Regional Advisors Under 40" in the country by "Financial Planning," a financial trade publication that shines a light on financial advisors who are under the age of 40. Kroyer was nominated by his firm and chosen by the publication based on the statistical data of his practice.

2011

Christianne (Astleford) Saenz graduated from the Mayo Clinic School of Health Sciences with a Doctorate in Nurse Anesthesia in Jan. 2023 and is a Nurse Anesthetist at the Mayo Clinic in Rochester, MN.



Amanda Spilde received the Rosie Award for Silent Advocate, which goes to a woman who silently helps her community and her neighbors. Spilde runs a photography business, JaneCane Photography, specializing in photography shoots for newborns and families. She has also spent close to 100 hours working with the St. Luke's maternal child nursing staff taking bereavement photos for free for families experiencing miscarriage, stillbirth or newborn death. She also runs a private infertility blog where she encourages others struggling with fertility to share their stories.

2012

Johannah (Comee) Strandjord is a Market Research Analyst and Marketing Specialist at CentraCare.

2013

Emma Grover has been recognized as "The News Tribune's Annual 20 Under 40." This award recognizes high achievers younger than 40 from the Greater Duluth community who are successful in their chosen fields, role models in their careers, or leaders in their business or community.

Autumn (Johnson) Heitzman is the 2024 Middle School Teacher of the Year. Every year, the Minnesota Council for the Social Studies (MCSS) recognizes and honors four educators for Teachers of the Year at their annual awards dinner. Three teachers represent elementary, junior high and high school, while one is awarded a Lifetime Achievement. "They exemplify the best of social studies teaching in Minnesota," says MCSS. This year, Autumn Heitzman, social studies teacher at South Junior High School was selected as one of the Teachers of the Year for 2024. She will be honored at the Minnesota Humanities Center on Feb. 25.

Matthew Nierengarten (DNP '23) has joined Essentia Health-St. Mary's Medical Center as a neurosurgery specialist.

2014

Alica Lagard, APRN, CNP has joined St. Luke's Community Care Team as a nurse practitioner.

Desiree Rohling is an advanced practice registered nurse and certified nurse practitioner specializing in family medicine at Essentia Health - Deer River Clinic.

2015

David Moline (MBA) is president of Moline Machinery.

2016

Luke Beirl is the interim CEO and president of Ashland Medical Center. Beirl will continue to serve as CEO and president of Tamarack Health Hayward Medical Center. In his newly expanded role, Beirl will oversee Tamarack Health operations, including the Ashland and Hayward Medical Centers and the Superior Clinic.

Megan (Skorich) Lundberg is an advanced practice registered nurse and certified nurse practitioner specializing in elder care at Essentia Health - Virginia Clinic.

Fami Sharif-Pour is an accountant at Keck Medicine of USC.

2017

Tierney Garver (MSW), LICSW has joined St. Luke's Mental Health Clinic.

2019

Zachary Barclay (MS '23) is a certified physician assistant specializing in hospitalist medicine at Essentia Health-St. Mary's Medical Center.

Rebecca Johnson (DNP '23) works at Essentia Health-Hermantown Clinic specializing in family medicine.

Taylor Schmidt (MS '23) is an urgent care specialist at Essentia Health-Duluth Clinic.

Bria Schurke (MS) is an emergency medicine specialist at Essentia Health-St. Mary's Medical Center in Duluth, MN.

2020

Erika Kosloski (MS '23) has joined St. Luke's Obstetrics & Gynecology Associates in Duluth, MN.

2021

Ashley Jensen, APRN, CNP, has joined St. Luke's Mariner Medical Clinic in Superior, WI as a nurse practitioner.

2022

Wendy De La Cruz (DNP) is an advanced practice registered nurse and certified nurse practitioner specializing in family medicine at Essentia Health - Deer River Clinic.

2023

Nick Carlson has signed to play basketball with the Keysborough Cougars of Australia's Big V League. The semi-pro league was founded in 2000 and features 12 men's teams and 10 women's teams.

Austin Fournier (MS) is an urgent care specialist at Essentia Health-St. Mary's in Duluth, MN.

Donny Pooler received the Essentia Daisy Award in January. The Daisy Award is a recognition program that celebrates and recognizes nurses by collecting nominations from patients, families and co-workers. It is run by our partners as a way to thank nurses for the care and kindness they provide.

Tanner Schmitz (MS) is specializing in ear, nose and throat at Essentia Health-Duluth Clinic.

Keisha Ross is a Financial Manager at Inova Health Systems in Leesburg, VA.

MARRIAGES

Taylor (Boelk) '17 and Noah Mercil, July 8, 2024.



Holly (Stanaway) '18 and Douglas Jugovich, June 8, 2024.

BIRTHS AND ADOPTIONS

Jennifer (Massmann) '11 and Erik Leukam, twins, a boy and a girl, Reagan and Ryan, Dec. 5, 2023.



Emily (Morley) '12 and Fish Yu '11, a daughter, Nora, March 16, 2024.



Hope (Mankowski) '18 and Connor Horton, a son, Mordecai George Horton, June 7, 2024.



DEATHS

Jean (Pancheri) Barbacovi '48 died on Feb. 2, 2024. She is survived by children, Don (Joanie), Jim, Carol (Mark), and Dan (Vicky Wiita-Templer).

Eleanor Palmer '48 died on April 28, 2024. She is survived by sister-in-law, Vivian Palmer; nephew, Thad (Amy); nieces, Pat (Hadi), Leslie (Jeff), Molly; and great-nieces and nephews Sara (Will), Alexander, Gabriel (Jaclyn), Kenzie, Elizabeth; three great-great nephews; a great-great niece; and cousins.

Mary (Suithoff) King '49 died on March 18, 2024. She is survived by children, Brent, Roger (Linda), Sally, David, and Mark (Jodie); grandchildren, Stephanie (Brian), Tasha, Anna, Katie (Sam), Nathan, Jonathan, Maria, and Katarina (Codey); and great-granddaughter, Jessamine.

Mary (Garvey) Kuez '50 died on Jan. 22, 2024. She is survived by children, Colleen (Charles) Kichak, Michael (Christine), and Daniel (Sandy St. John); grandchildren, Erin, Kerry (Michael), Shannon (Toby), Casey (Tom), and Jessi (Ryan); step-grandchildren Justin (Angela) and Alicia (Michael); eleven great-grandchildren; three step-great-grandchildren; sister-in-law, Dorothy; and brother-in-law, Robert.

Diane (Bechtel) Gerson '51 died on March 7, 2024. She is survived by grandchildren, Chrissy (Jason), Robert (Kasey), Ashley (Kyle), Mary, Lauren (Brent), Nicholas (Gabbie), and Samantha (Doug); thirteen (soon-to-be fourteen) great-grandchildren, Madeline, John, Robert Grayson, Scarlett Diane, Charlee, Kylee, Knox, Kennedy, Nicholas, William, Aubrey, Elena, and Lucy; sister, Avy Vollmer; and brother, Robert Bechtel.

Valeria (Conrad) Johnson '51 died on Sept. 14, 2023. She is survived by children, Claudia (Peter) Sullivan, Thomas (Tammie) Johnson, Paulette (Joe) Tarnowski, Diane (Larry) Menzel, and Ronald (Kirsten) Johnson; 14 grandchildren; and many great-grandchildren.

Sylvia Nissila '51 died on Feb. 17, 2024. She is survived by brother, Mickey Nissila; nieces and nephews, David, Gina (Terry), and Jeremy (Rebecca); great-nieces and nephews, Casey (Lauren), Heather (Cameron), Kye, Josh, Allison, Emily, Carter, Khloe, and Logan; and great-great-nieces and nephews, Charlotte, Callahan, Crawford, and Hunter.

Jean (Hambeau) Oudenhoven '51 died on Nov. 20, 2023. She is survived by children, Karen Brauns, Larry (Teal) Brauns, Janet Brauns, Arlene Brauns Hargroder, and Richard (Leslie) Brauns; grandchildren, Justin, Bryan, Kristin (Kyle), Natalie, Ana, Christopher (Kimberly), Lindsay, Stacy, Valerie, Michelle, Lori, Don (Shanelle), Sarah (Douglas), James, and Lillie; great-grandchildren, Peyton, Maddyn, Stella, Ruby, Mackenzie, Cannon, Emmalyn, Kollyns, Lanie, Alex, William, Lexie, Taegan, Zachary, Charli, Madeline, Christian, and Douglas.

LaDonna (Tavis) Weber '51 died on Feb. 19, 2024. She is survived by children, Jane Holt Weber (Lawrence Becker) and Theodore Wendell Weber (Deanne Delahunty); and grandchildren, Nathan and Nina.

Winnifred Winkelman '51 died on Jan. 16, 2024. She is survived by sister-in-law, Sylvia; and many nieces and nephews.

Sister Mary Theresa Jodocy, OSB '53 died on Feb. 20, 2024. She is survived by the Sisters of St. Scholastica Monastery, brother-in-law, Joseph Mottillo; and many nieces and nephews.

Shirley (Swendner) DeVinney '54 died on March 25, 2024. She is survived by children, Denise DeVinney, David (Jane) DeVinney, and William DeVinney; brother, William (Meredith) Swendner; grandchildren, David (Shelby), Loren (Carli), Alexandra (Matthew), and Amanda, Tyler; step-granddaughter, Laura (Andy); 8 great-grandchildren; a niece; and 3 nephews.

Joan (Sullivan) Dobbs '54 died on Jan. 19, 2024. She is survived by husband, David; children, Kathryn "Kit" (Richard) and Christopher (Suzette); grandchildren, Nathan (Samantha) and Kelsey (Jeremiah); and great-grandchildren, Karter and Kyree.

Victoria (Mayer) Browne '56 died on April 1, 2024. No obituary is available.

Anna (Jedlicka) Nelsen '59 died on April 18, 2024. She is survived by sons, John and Arvid (Dale) Nelsen.

Judith Munro '60 died on March 11, 2024. She is survived by husband, Jim; daughter, Sarah (Alan) Bennett; and granddaughter, Devri.

Mary Lisabeth (Carlson) Nigro '61 died on March 3, 2024. She is survived by husband, John; children, Tom (Lori), Mark, and Renee (Jacques); sisters, Margie (Bill) Hallin, Ginny (Tom) Smith, and Mary (Tom) Lundsten; grandchildren, Samantha, Kayla, Geno, Nicole, Roman, Luc, Dan, and Jordan; and great-grandchildren, Vinny, Beatrix, Finley, and Sawyer Sue.

Carol (Nyberg) Carver '62 died on March 2, 2024. She is survived by aunts, Joyce Mailhot, Marie Hammond, and Glenda Nyberg; sisters-in-law, Joan Nyberg, and Margaret Davis Bethel; and many nieces, nephews, and cousins.

Frances (Horvath) Williams '62 (MA '89) died on April 19, 2024. She is survived by sons, Bret and Tony (Alison); sister, Shirley; brother, Frank Jr.; and her grand-dogs, Riggs and Star-Lord.

Louise (Kraker) Urick '64 died on Feb. 3, 2024. She is survived by husband, Tony; daughters, Cynthia Urick and Melanie Baschkin; and granddaughter, Shannon.

Betty (Bonovich) Casper '68 died on March 28, 2024. She is survived by children, Tom, David, Ann, and Jim; 9 grandchildren; and 7 great-grandchildren.

Mildred (Anton) Schreiber '70 died on Dec. 26, 2023. She is survived by husband, Stephen; children, Pam (Chad) Devereaux, and Paul (Erin) Schreiber; daughter-in-law, Ann Schreiber; grandchildren, Connor, Jordan, Jackson, Jacob, Meghan, and Rebecca; sister, Marge (Wayne) Marschel; mother-in-law, Lorraine Schreiber; and many other relatives and friends.

Jean (Mehelich) Specht '70 died on April 11, 2024. She is survived by husband, Gene; sons, Jason and Matt (CJ); siblings, Thomas (Fran) Mehelich and Jody (Art) Wolffe; sister-in-law, Lynn Mehelich; grandchildren, Jon, Charlie, and Anthony; and many cousins, nieces, and nephews.

Catherine Tornabene '70 died on March 9, 2024. She is survived by brother, Vincent (Elizabeth); sister, Mary (Lott); nieces and nephews, Catherine, Felicia Ann, Ann, Felicia Irene, Christina, Stephen, Michael, and their families; and by many dear friends and extended family.

Alice (Sledge) Compitello '71 died on Oct. 30, 2023. She is survived by sister, Leone Farrell.

Jacqueline Johnson '72 died on March 28, 2024. She is survived by sister, Judy (Dan) MacDonald; brother, David (Karen) Johnson; several nephews; and grandnieces and nephews.

Patricia McGuire '72 died on Dec. 5, 2023. She is survived by children, Jeanne LaBore, M. Catherine (Kate) LaBore, and Cecile (Scott McMillin) LaBore.

James Bellman '73 died on Dec. 4, 2023. He is survived by wife, Kathryn; sister, Elizabeth Hermanson; and nieces and nephews.

Nancy (Lepisto) Templeton '75 died on Jan. 22, 2024. She is survived by husband, Scott; daughter, Lucy (Justin) Siegler; son, Drew (Becca); grandchildren, Lily, Marina and Grant.

Jane (Danielson) Carr '79 died on June 11, 2024. She is survived by husband, Jim; daughter, Madeline Petersen; step-children, Will (Kim) Carr and Melissa (Ross) Keveles; grandchildren, Payton, Emilia, Hudson, and Emmett; siblings, Joan (Bob) Anderson, Jack (Joy) Danielson, Jeff (Cathy) Danielson, and Joey (Denise) Danielson; and many nieces and nephews.

Linda (Laiti) Linder '80 died on Feb. 28, 2024. No survivors listed in obituary.

Ann (Lachmund) Mars '81 died on Jan. 27, 2024. She is survived by children, Sue (Dave), Linda (Don), Bob (Jan), Judy (Dennis), Steve (Linda), Jeff (Jackie), and Bruce (Katie); grandchildren, Ben, Chris, Don Jr, Ian, Lucie, Mimi, Anna, Casey, Dan, Andrew, Kelsa, Jacob, Max, Sam, Lindsay, Chad, Conner, Lauren, Kelsey, Bryan, Jane, and Cal; and 37 great-grandchildren.

Kathryn Henry '83 died on April 8, 2024. She is survived by children, Daniel Parnow (Allison Scheerer) and Jessica (Edward) Parnow; mother, Marion Henry; siblings, Mark (Nancy Walsh) Henry, Mary Lynne Henry, Cynthia Henry, James (Elizabeth) Henry, and David (Carol Fuglestad) Henry; and many nieces, cousins, aunts and uncles.

Richard Rauzi '83 died on Jan. 19, 2024. He is survived by wife, Sharon; daughter, Hayley Ann (Chris) Rauzi; son, Brett (Kelleryn) Rauzi; grandchildren, Elizabeth (Beth), Rosalie, and Matthias; siblings, John (Elaine), Jim (Wendy), and Mary; mother-in-law, Shirley Zobel; and many nieces, nephews, cousins, aunts, uncles, and other loving family members.

Sister Mary Jane Cournoyer, OSB '84, died on Dec. 25, 2023. She is survived by her Benedictine community; and nieces and nephews.

Yvonne "Vonnie" (Fiser) Johnsen '84 died on Nov. 25, 2023. She is survived by husband, Jim; daughters, Katy (Dann) Brzeskiewicz and Hannah (Nathan) Jones; grandchildren, Korynn, Caledon, and Elianna; brother, Dennis (Cindy) Fiser; sisters, Donna (Dale) Kringle and Bonnie Jo (Tim) Decker.

Jennifer Kleven '86 died on Jan. 4, 2024. She is survived by brother, John (Kari); niece, Taylor; kitties, Sabrina and Sebastian; and dear relatives and friends.

Jacquelyn (Erickson) Bustrom '89 died on Feb. 27, 2024. She is survived by son, Kirk (Victoria); daughter, Heidi (Chad) Frantz; grandchildren, Brian, Alec (Jillian), Kate (Lee), Logan, and Bailey (Nicole); great-grandson, Archer Frantz; and brother, Keith Erickson.

Linda (Lawrence) Lamb '90 died on May 22, 2024. She is survived by husband, Skip; children, Colleen Lamb, Charles (Jenny Carter), and Timothy; grandchildren, Quinn, Ozzie, William, and Halle; and a brother, sisters-in-law, nieces, nephews, and cousins.

Terrol Cousineau '92 died on Jan. 23, 2024. She is survived by spouse, Danell Stahlecker; chosen children, Chelsea, Carly, and Andi; sister, Bonnie; nieces, Kristy and Michelle; nephew, Cody; aunt, Doreen (Jerry); cousins, Kerri, Kimberly, Danell, Richard, and Robert; and other family and many dear friends.

Stephanie (Halstead) Fehringer '92 died on Jan. 22, 2024. She is survived by husband, Bruce; sons, Sam and Ben; sister, Tracy (David); brothers, Jeff (Carol) and Davey (Patricia).

Michelle (Wassink) Barlau '95 died on Jan. 8, 2023. She is survived by husband, Jason; brother, Gregg Wassink; parents-in-law, Jesse and Trudy Barlau; sisters-in-law, Sarah (Trenton Russell) Barlau and Laura Barlau; and other relatives and many friends.

Sue Watkins '96 died on July 26, 2023. She is survived by son, Dan (Stacy); grandsons, Josh and Ben; and sister, Jan.

Betty (Kelzer) Baumann '97 died on March 22, 2024. She is survived by husband, Troy; stepson, Tyler; mother, Marilyn Kelzer; siblings, Laurie (Ken) Forner, Lois (Matt) Loeser, Alan (Joanne) Kelzer, Ardis Stotts and Marie Elaine; father-in-law, Richard; brothers-in-law Todd (Cathy) and Terry; and many relatives and friends.

CLASS NOTES CONTINUED >>>

Sufia Babar '98 (MA '01) died on Jan. 8, 2024. She is survived by daughter, Azra (Johns) Weber; son Imran (Ivy); daughter, Amenah (Akochi) Agunwamba; father of her children, Raza A. Babar Bokhari; eight grandchildren, Sarah, Amara, Nadia, Aviyah, Ilias, Leilani, and Abigail; brother, Robert Landus Finley Jr.; nieces, Sufia (Quincy) and Maria (Steve); and a host of aunts, cousins, and friends.

Kathryn (Ruby) Wrazidlo '99 (MA/MBA '16) died on Jan. 6, 2024. She is survived by siblings, Helen Luczak and Edward Ruby; children, Frank, Charlotte (Patrick) Currie, Tammy (Rick) Hanson, Kathleen (Clifford) Gableman, Ronald, and Edward (Lisa); grandchildren, Nikole (Jed), Frank (Alexis), Amanda (Justin), Robert, Amy, Rebecca (Mike), David (Kasey), Jessica (Aaran), Patrick (Myranda), Shannon, Daniel (Abigail), Katie, Theodore, Ryan, Antonio (Ellie), Courtney, Carson, and Cash; and many great-grandchildren.

Debra (Johnson) Kossett '03 died on May 12, 2023. She is survived by daughter, Alissa (Hunter Benson) Kossett; brother, Keith (Randy Sarvella) Johnson; sisters, Bonnie (Mike) Solem and Robin (Kevin) Murphy; and aunts, uncles, cousins, nieces, nephews, and friends.

Eloise (Colton) Yanez '05 died on Jan. 14, 2024. She is survived by sisters, Mary Colton, Rosa Colton (Robert), Alida Colton, and Jennifer Wadena; many aunts, uncles, nieces, nephews, and great-nieces, great-nephews; and other special relatives and friends.

Ryan Bohn '15 died on Jan. 13, 2024. He is survived by mother, Lorene (David) Massey; father, Geoffrey (Sandie) Bohn; brother Kevin (Anna) Bohn; step-brothers, Doc Massey, Tyler (Jamie Barta) LeVan; step-sister, Alesia (Christopher) Williams; uncles, Paul (Connie) and Steven (Rachel); aunt, Andrea (Pat Legel); cousins Daniel (Jaclyn), Alex (Carrie), Abigail, Lillian, and Adelaide.

OUR SYMPATHY

Jean (Charron) Gardepy '54 on the death of her husband, Dennis.

Phyllis (Reimer) Willegalla '59 on the death of her husband, John.

Jo Anne (Tushar) Heffernan '63 on the death of her husband, Jim.

Sister Pauline Micke '63 on the death of her brother, Ted.

Kathleen (Sullivan) Hitchcock '65 on the death of her sister, Joan.

Roscella (Kubischta) Connelly '66 on the death of her husband, Don.

Jacquelyn (Kazda) Bush '69 on the death of her mother, Carolyn.

Stacy Sochacki '71 on the death of her brother, Walter.

Roberta (Erickson) Baxter '78 on the death of her husband, Duane.

Dawn (Sedor) Drechsler '80 on the death of her mother, Carol.

Ann Marie (Klatt) Anfinson '84 and Elizabeth (Klatt) McCann '86 on the death of their father, Robert.

Melissa (Graf) Riebel '84 on the death of her mother, Melita.

Christa Kilen '89 on the death of her mother, Marlys.

Paula (Moser) Robar '94 on the death of her mother, Irene.

Dennis Walkowiak '94 on the death of his father, Richard.

Mia (Spies) AhSan '95 on the death of her mother, Lucy.

Janelle (Schminski) Wapola '95 on the death of her father, Leonard.

Julie Walkowiak '96 on the death of her father, Richard.

Joseph Janchar '04 (MS '15) on the death of his mother, Alice.

Sandra Davis (MED '13) on the death of her brother, Steven.

Trustee Emerita Mary Ives '08 on the death of her husband, Mike, and her son, Michael "Burl." Mary and Mike's partnership in all things leaves a legacy in their Grand Rapids, MN, community and on the Saints community through their generosity of time, talents and treasure.



Due to space restrictions, please submit Class Notes of news occurring within the past 12 months. Class Notes items include weddings, graduations, new jobs, promotions, awards or honors, major life news, other achievements and death announcements. We reserve the right to exercise editorial discretion in the publication of alumni news and photos; submission does not guarantee publication. The items featured in this issue were submitted between Jan. 1, 2024 and June 30, 2024.

If you submitted a note that is not featured, please contact Alumni Engagement at alumni@css.edu or 218-723-6071.



We'll be seeing you!

Events and programming for The College of St. Scholastica's alumni and donors are unique opportunities to connect, foster lifelong friendships and celebrate our community of Saints! We hope you will join us this year. To learn more about these and other alumni events, visit css.edu/alumni.

Christmas Tea at the American Swedish Institute*

Saturday, November 16
LOCATION: Minneapolis, MN

Advent Vespers and Lighting a Tradition

Tuesday, December 3
LOCATION: Duluth Campus

President's Holiday Dinner*

Tuesday, December 3
LOCATION: Duluth Campus

White Christmas at Chanhassen Dinner Theatres

Sunday, January 12
LOCATION: Chanhassen, MN

**Donor society events are by invitation only. To learn more about joining a donor society, visit css.edu/give or email advancement@css.edu.*

If you are interested in hosting an event with fellow Saints, please let us know! We will send out the invitations and help to promote and facilitate. Email us at alumni@css.edu or call 218-723-5980 if you would like to plan a gathering.

TELL YOUR FRIENDS WHAT YOU'RE UP TO

We need your personal and professional updates for Class Notes. Pictures also are welcome. (Please identify all subjects by name and by class year if applicable.) If your name has changed, please include your name while at St. Scholastica. You can send in your news via the Internet. It's easy! Go to: css.edu/update. You may also e-mail your news to alumni@css.edu

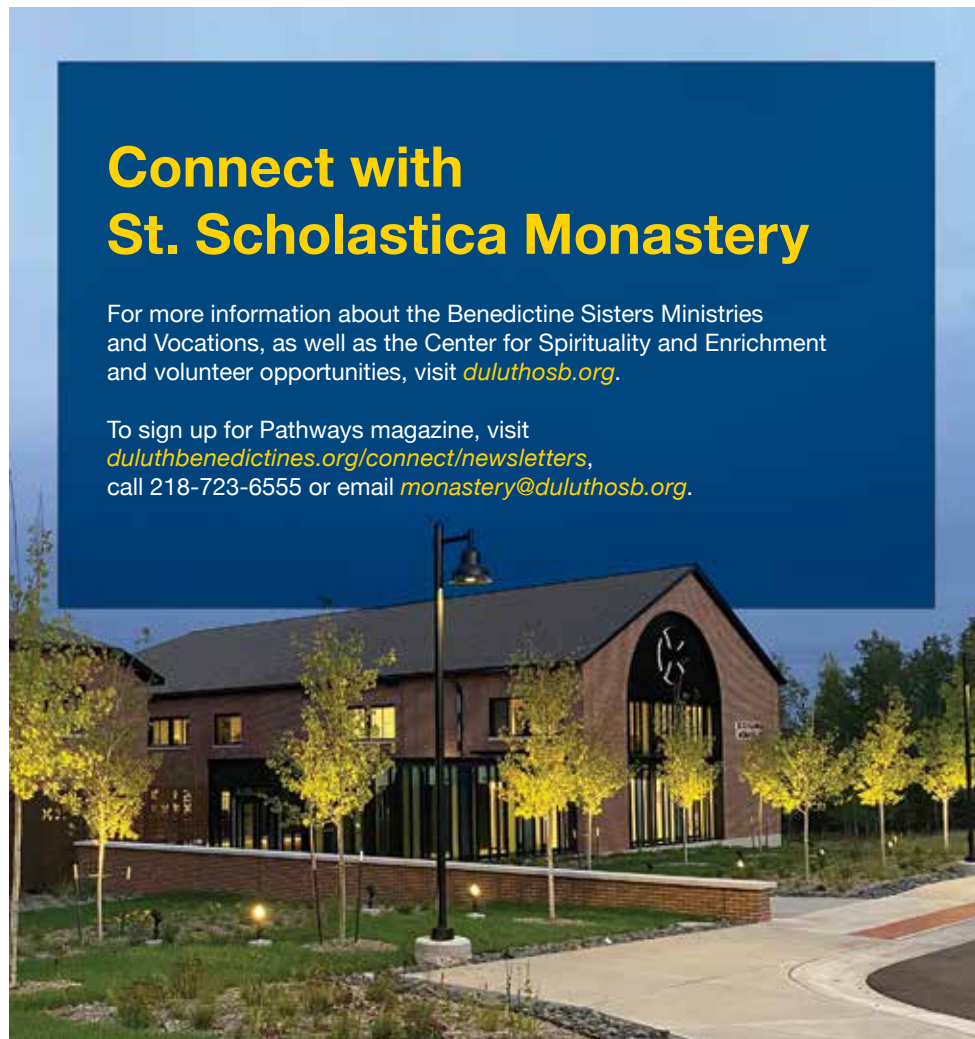
Class Notes, including pictures, are now available online.

Name (first name/maiden or birth/current last name)		Class year	
Address			
City	State	ZIP code	Phone
e-mail			
Spouse's name (first name/maiden or birth/current last name)		Class year	
News • Birth/Adoption • Marriage Announcement • Death Announcement (attach additional sheets as necessary)			

Connect with St. Scholastica Monastery

For more information about the Benedictine Sisters Ministries and Vocations, as well as the Center for Spirituality and Enrichment and volunteer opportunities, visit duluthosb.org.

To sign up for Pathways magazine, visit duluthbenedictines.org/connect/newsletters, call 218-723-6555 or email monastery@duluthosb.org.



support future saints



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